

# Journey with Jesus

Praying through the Gospel of Mark

***Station 2 - The Temptation of Jesus***



Gracious and loving God,  
stir up your Spirit within me  
so that I may realise the infinite depths  
of your love for me.  
Fill me with desire for you  
in response to your love.  
Amen



Katherine Howard



- Find a place to sit quietly
- You may like to light a candle
- Be aware of God's loving eyes watching over you
- As we Journey with Jesus ask God for the grace, rooted in the Song of Songs:
  - **Give me the desire to desire you**
- You may like to listen to this version of Psalm 91 sung by The Sons of Korah.
  - He will command his angels concerning you to guard you in all your ways



Read this passage from Mark chapter 1. What words or phrases strike you?

At once the Spirit sent him out into the wilderness, and he was in the wilderness forty days, being tempted by Satan.

He was with the wild animals, and angels attended him.

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Read these words from Mark chapter 1 again slowly.  
Stay with one of the words or phrases that catches you and hold it in the stillness before God.

At once the Spirit sent him out  
into the wilderness, and he was  
in the wilderness forty days,  
being tempted by Satan.

He was with the wild animals,  
and angels attended him.





What thoughts, feelings and images have emerged in this time of prayer?

How has the Spirit been at work in your heart as you have prayed?

What has God revealed of himself to you?

Jesus was with wild animals and angels attended him.

When have you felt attended by God?

- Protected
- Guided
- Provided
- Sustained
- Held
- Restored
- Accompanied
- Led





How is God at work in your life now?

Maybe you would like to note down what God has shown you in this time.

Give thanks.

As you do you might like to listen to this piece of music by Einaudi, taken from his album *Seven Days Walking // Day 2*. It is called *Birdsong*.





The wolf will live with the lamb,  
the leopard will lie down with the goat,  
the calf and the lion and the yearling together;  
and a little child will lead them.  
The cow will feed with the bear,  
their young will lie down together,  
and the lion will eat straw like the ox.  
The infant will play near the cobra's den,  
and the young child will put its hand into the viper's nest.  
They will neither harm nor destroy  
on all my holy mountain,  
for the earth will be filled with the knowledge of the Lord  
as the waters cover the sea.

Isaiah 11: 6-9





# Creative activity

- Take a 'staycation'
- Put aside a couple of days at some point in the next few weeks
- Get out some of your old photograph albums, diaries or journals
- Look through them
- Notice at each point of the journey God's love and desire for you and your longing for God
- Notice when you have felt attended by God
  - Protected
  - Guided
  - Provided
  - Sustained
  - Held
  - Restored
  - Accompanied
  - Led
- Write a prayer or create an image of gratitude to God who deeply loves and desires us, and to whom we can desire and love in return.









# Journey with Jesus

A series of prayer stations  
based on the gospel of Mark.



Thanks to Adrian Chatfield for the photograph of The Way of Life taken at Ely Cathedral.

The photograph of Psalm 23 in stones was taken in Lincoln Cathedral.