

Journey with Jesus

Praying through the Gospel of Mark

Station 7 - They made an opening...



TEARS

I am sorry
I can't comfort you
with words.

I am sorry
that you cannot
tell your pain.

All I can do
is hold you
close and warm.

And you in your
sweet innocence
please cry for me.



Photograph taken by Adele Barker and used with permission.

Tears by Andrew Hawes from Collected Poems 1970-2014
Used with the poet's permission.

You might want to listen to this song that
talks of Jesus Christ our living hope.

You have broken every chain, there's
salvation in your name...



Is love
Kate Austin

- Find a place to sit quietly
- You may like to spend some time just listening to the sounds around you.
- Focus on these sounds, one by one
- Now focus on the sound within you, your breathing, your heart beat, your thoughts
- Let yourself come to a place of rest
- Be aware of God's loving eyes watching over you
- As we Journey with Jesus ask God for the grace, rooted in the Song of Songs:
 - *Give me the desire to desire you*



Photograph taken by Adele Barker and used with permission.

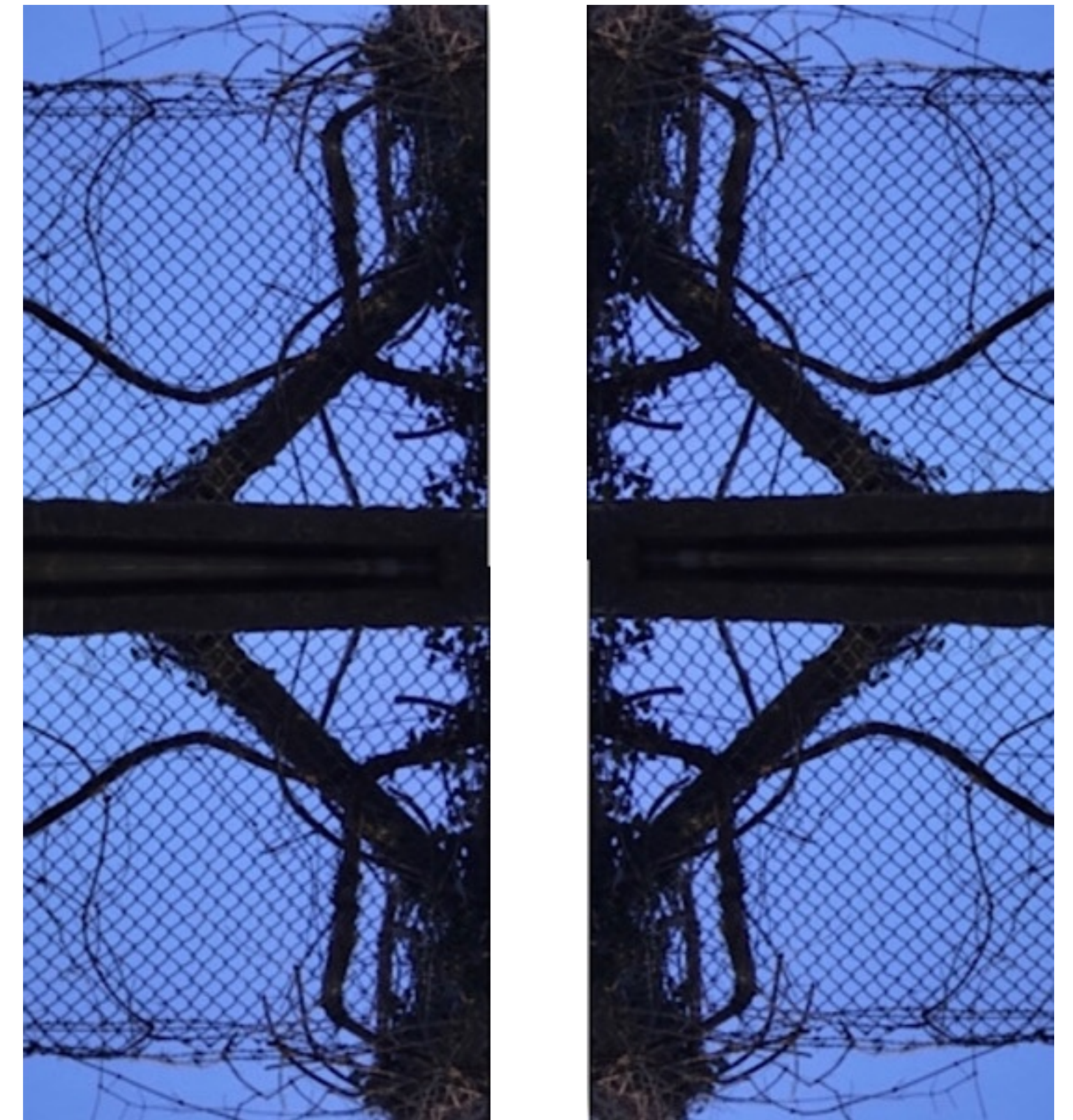
Read this passage from Mark chapter 2. What words or phrases strike you?

Some men came, bringing to him a paralysed man, carried by four of them. Since they could not get him to Jesus because of the crowd, they made an opening in the roof above Jesus by digging through it and then lowered the mat the man was lying on.



Read these words from Mark chapter 2 again slowly.
Stay with one of the words or phrases that catches you and hold it in the stillness before
God

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What thoughts, feelings and images have emerged in this time of prayer?

How has the Spirit been at work in your heart as you have prayed?

Who is Jesus inviting you to bring to him?

How is he inviting you make an opening for that encounter?

You might like to listen to this piece of music by Einaudi, Seven Days Walking // Day 7



Creative prayer

- They made an opening. (Mark 2: 4).
- One of the ways we can make an opening is by praying for those we want to encounter Jesus.
- You might like to make a prayer basket.
 - On some rectangles of paper write the names of those you want to pray for.
 - Get a bag or basket to hold these names.
 - Each day take 2 or 3 of those names and lift those people to God.
 - Ask God how He wants you to pray for them that day.
 - This may be with words or this may be holding them before God in the silence.
 - As you finish this time of prayer for others, leave them in his arms.



Journey with Jesus

A series of prayer stations
based on the gospel of Mark.



Thanks to Adrian Chatfield for the photograph of The Way of Life taken at Ely Cathedral.