

Journey with Jesus

Praying through the Gospel of Mark

Station 27 - the servant of all



THE COLLECT FOR PEACE

O God, who art the author of peace and lover of concord, in knowledge of whom standeth our eternal life, whose service is perfect freedom: Defend us, thy humble servants, in all assaults of our enemies; that we, surely trusting in thy defence, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. Amen.

Book of Common Prayer



- Find a place to sit quietly.
- Sit in a relaxed position.
 - Become aware of your breathing
 - Notice its pattern
 - Is it deep or shallow
 - Is it fast or slow
 - Is it through your mouth or nose
 - Is it regular or irregular
 - Rest in the quietness that this awareness brings you.
- Be aware of God's loving eyes watching over you.
- As we Journey with Jesus ask God for the grace to see him more clearly.



You might like to listen to this song with echoes of Psalm 8 sung by Simon Khorolskiy. It is sung in Russian with English subtitles.

You have set your glory
in the heavens.

Through the praise of children and infants
you have established a stronghold against your enemies,
to silence the foe and the avenger.

When I consider your heavens,
the work of your fingers,
the moon and the stars,
which you have set in place,
what is mankind that you are mindful of them,
human beings that you care for them?



Read this passage from Mark chapter 9. What words or phrases strike you?

They came to Capernaum. When he was in the house, he asked them, “What were you arguing about on the road?” But they kept quiet because on the way they had argued about who was the greatest. Sitting down, Jesus called the Twelve and said, “Anyone who wants to be first must be the very last, and the servant of all.”

He took a little child whom he placed among them. Taking the child in his arms, he said to them, “Whoever welcomes one of these little children in my name welcomes me; and whoever welcomes me does not welcome me but the one who sent me.”



Read these words from Mark chapter 9 again slowly.

Stay with one of the words or phrases that catches you and hold it in the stillness before God.

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Photograph by Sister Maureen CSF
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Now close your eyes and imagine yourself in Capernaum with Jesus.

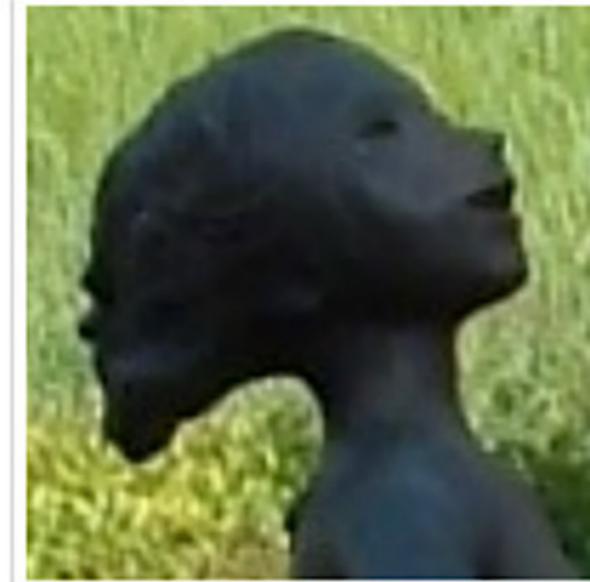
- You might like to watch from the edge.
- You might like to be more involved.
- You might like to imagine yourself as one of the disciples or one of the children

Slowly let the scene unfold.

- What do you feel?
- What do you see?
- What do you hear?
- What can you taste?
- What can you smell?

How do you respond to the words of Jesus?

- What do you say to him?
- Let those words become your prayer.



What thoughts, feelings and images have emerged in this time of prayer?

How has the Spirit been at work in your heart as you have prayed?

You might like to jot down what has emerged from your prayer time in a journal.

As you do, you might like to listen to *You are my all in all* by Nicole Nordeman or to *Love's Promise, from Song of Songs*, by Patrick Hawes.



Creative prayer

The Last will be First

- You might like to watch this short clip on YouTube - the last shall be first
- As you reflect on this time of prayer and the film clip, write a prayer of response.

As you do this, you might like to listen to Day 6 of Einaudi's seven days walking.



Journey with Jesus

A series of prayer stations based
on the gospel of Mark.



Thanks to Adrian Chatfield for the photograph of The Way of Life taken at Ely Cathedral