

Journey with Jesus

Praying through the Gospel of Mark

Station 6 - Be Clean



I lift up my eyes to you
my help, my hope

the heavens (who could imagine?)
the earth (only our Lord)
the infinite starry spaces
the world's teeming breadth

all this, I lift my eyes
-upstart, delighted-
and I praise

Daniel Berrigan SJ



Photograph taken by Adele Barker and used with permission.

You might want to listen to this version of
Psalm 121 sung [here in Hebrew](#) by
Joshua Aaron



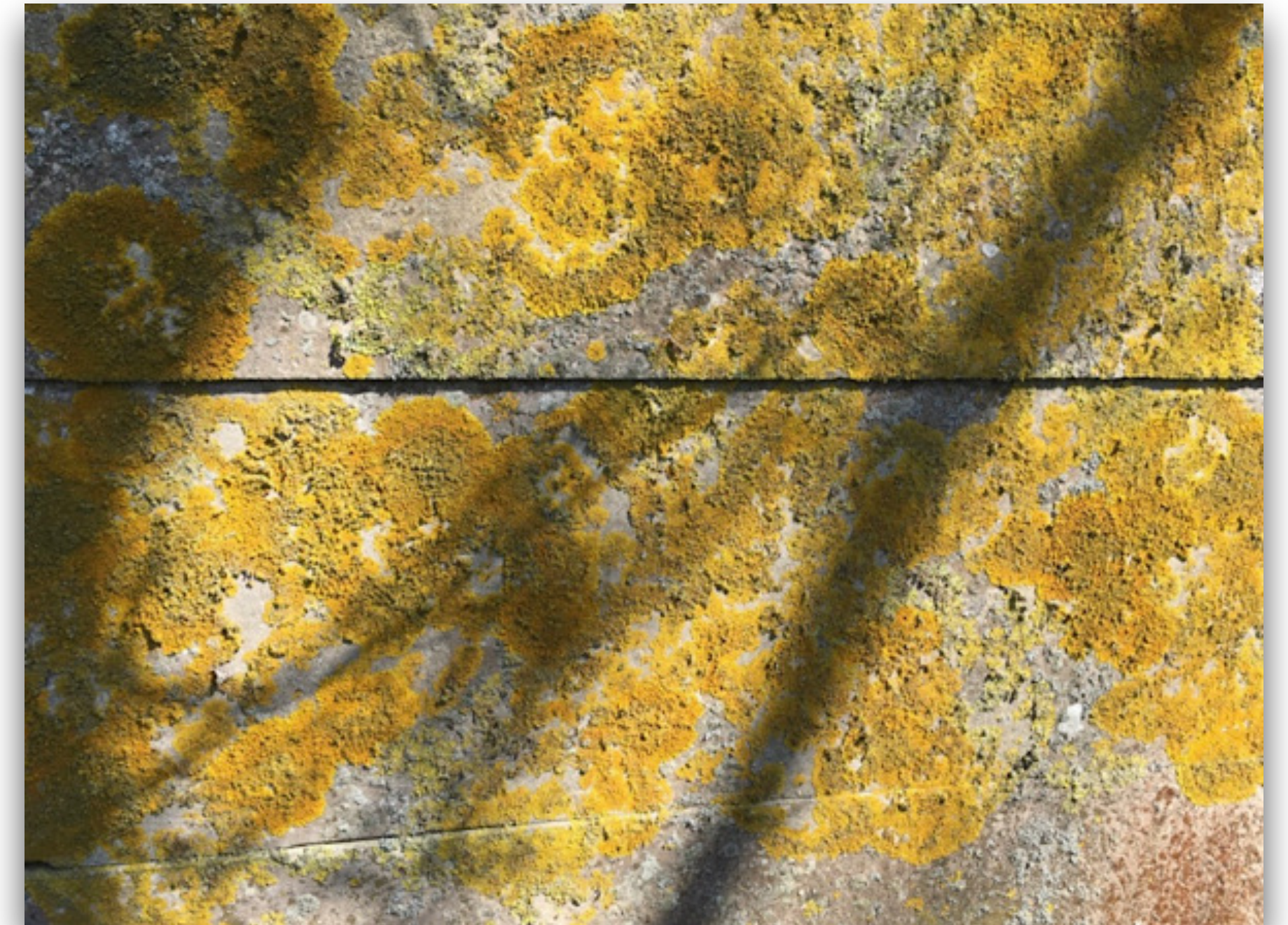
- Find a place to sit quietly
- You may like to spend some time just listening to the sounds around you.
- Focus on these sounds, one by one
- Now focus on the sound within you, your breathing, your heart beat, your thoughts
- Let yourself come to a place of rest
- Be aware of God's loving eyes watching over you
- As we Journey with Jesus ask God for the grace, rooted in the Song of Songs:
 - *Give me the desire to desire you*



Photograph taken by Adele Barker and used with permission.

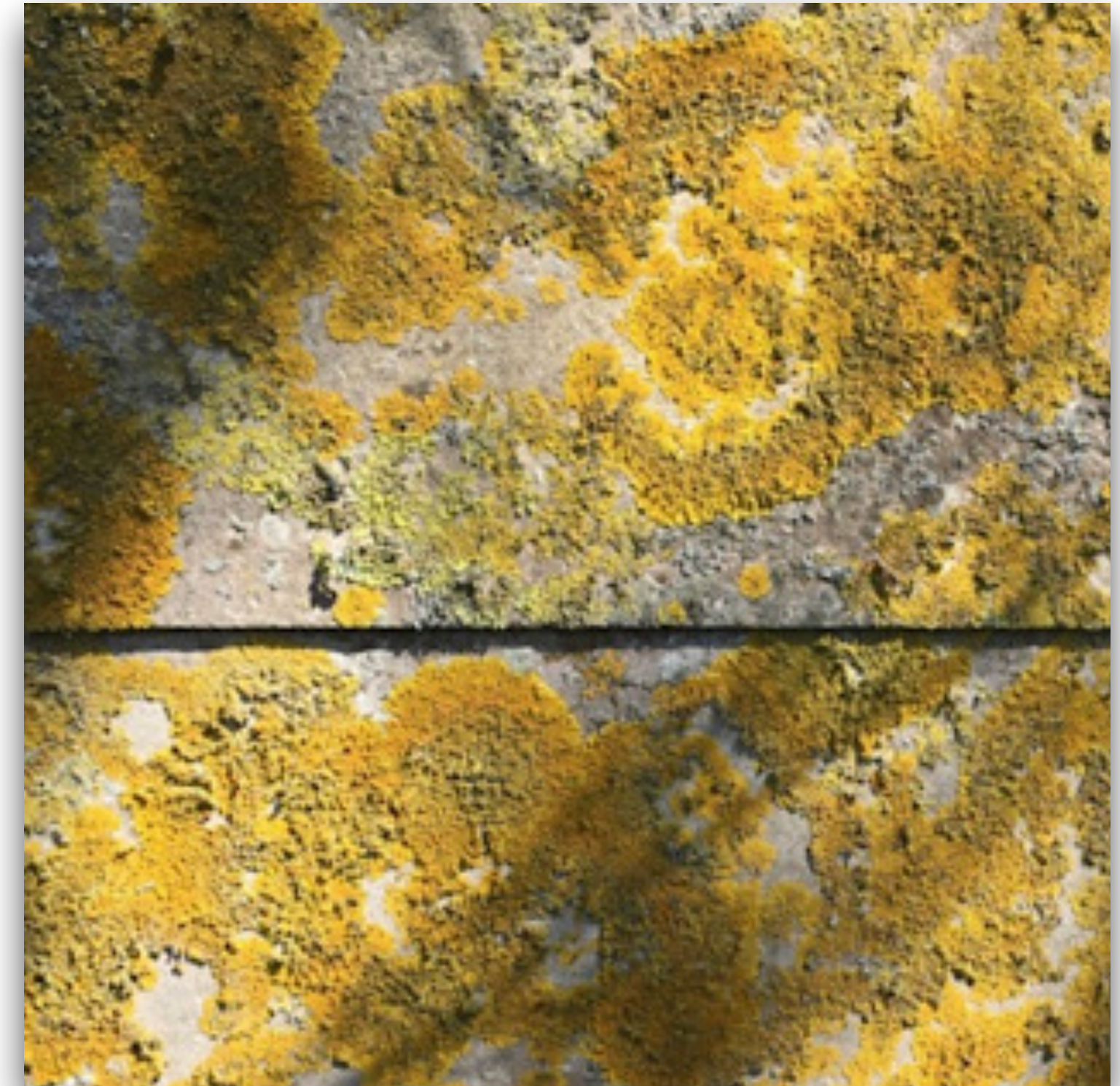
Read this passage from Mark chapter 1. What words or phrases strike you?

A man with leprosy came to him and begged him on his knees, “If you are willing, you can make me clean.” Jesus was indignant. He reached out his hand and touched the man. “I am willing,” he said. “Be clean!” Immediately the leprosy left him and he was cleansed.



Read these words from Mark chapter 1 again slowly.
Stay with one of the words or phrases that catches you and hold it in the stillness before God

A man with leprosy came to him and begged him on his knees, "If you are willing, you can make me clean."
Jesus was indignant. He reached out his hand and touched the man. "I am willing," he said. "Be clean!" Immediately the leprosy left him and he was cleansed.



What thoughts, feelings and images have emerged in this time of prayer?

How has the Spirit been at work in your heart as you have prayed?

How do you want to ask Jesus to make you clean?

What is his response to you?

You might like to listen to this piece of music by Einaudi, Seven Days Walking // Day 6



Creative prayer

- Leprosy is a mildly infections disease that is now easily cured
 - It damages small nerves resulting in loss of sensation with the inability to feel pain.
 - Without this gift of pain the activities of daily living become risky.
 - It is easy to damage skin without realising it.
 - Blindness is another result due to dust and grit getting into eyes which no longer blink properly.
- Father Damien cared for a community of people with leprosy in Hawaii for sixteen years, catching leprosy himself.
- This story of his life, portrayed by actors including David Wenham and Derek Jacobi, can be watched [here](#).
- You might like to pray for those in the world with leprosy and for the work of the The Leprosy Mission [here](#).



Journey with Jesus

A series of prayer stations
based on the gospel of Mark.



Thanks to Adrian Chatfield for the photograph of The Way of Life taken at Ely Cathedral.