

Journey with Jesus

Praying through the Gospel of John

Week 20



- Find a place to sit quietly.
- Sit in a relaxed position and close your eyes.
- Breathe in and out slowly and become aware of the presence of God.
- What does it mean to you to hope in times of adversity?
- How is Jesus calling you to hope today?
- You might like to listen to Libera sing Be still my Soul.
- You might like to listen to Brian Doerksen sing Faithful One or to Joanna Hogg sing Psalm 23.



➤ You might like to listen to:

➤ Day 1: O Love that will not let me go sung by Keith and Kristyn Getty then click [here](#).

➤ Day 2: He will hold me fast sung by Keith and Kristyn Getty then click [here](#).

➤ Day 3: Is he worthy sung by Keith and Kristyn Getty then click [here](#).

➤ Day 4: Psalms 22 sung by Francesca LaRosa then click [here](#).

➤ Day 5: He was pierced sung by Maggi Dawn then click [here](#).

➤ Day 6: It was finished upon that cross sung by Keith and Kristyn Getty then click [here](#).

➤ Day 7: In Christ Alone sung by Living Stones Quartet then click [here](#).



Day 1: John 19:16-22

So the soldiers took charge of Jesus. Carrying his own cross, he went out to the place of the Skull (which in Aramaic is called Golgotha). There they crucified him, and with him two others—one on each side and Jesus in the middle. Pilate had a notice prepared and fastened to the cross. It read: Jesus of Nazareth, the king of the Jews. Many of the Jews read this sign, for the place where Jesus was crucified was near the city, and the sign was written in Aramaic, Latin and Greek. The chief priests of the Jews protested to Pilate, “Do not write ‘The King of the Jews,’ but that this man claimed to be king of the Jews.” Pilate answered, “What I have written, I have written.”

- Read this passage from John 19.
 - What words or phrases strike you?
- Read these words again slowly.
 - Stay with one of the words or phrases that catches you and hold it in the stillness before God.
- What thoughts, feelings and images have emerged in this time of prayer?
- How has the Spirit been at work in your heart as you have prayed?
- You might like to note these down in your journal.
- When you have finished click [here](#) to continue.



8. Women of Jerusalem

Day 2: John 19:23-24

When the soldiers crucified Jesus, they took his clothes, dividing them into four shares, one for each of them, with the undergarment remaining. This garment was seamless, woven in one piece from top to bottom. “Let’s not tear it,” they said to one another. “Let’s decide by lot who will get it.”

This happened that the scripture might be fulfilled that said,

“They divided my clothes among them
and cast lots for my garment.”

So this is what the soldiers did.

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9. Jesus falls a third time

Day 3: John 19:25-27

Near the cross of Jesus stood his mother, his mother's sister, Mary the wife of Clopas, and Mary Magdalene. When Jesus saw his mother there, and the disciple whom he loved standing nearby, he said to her, "Woman, here is your son," and to the disciple, "Here is your mother." From that time on, this disciple took her into his home.

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Day 4: John 19:28-30

Later, knowing that everything had now been finished, and so that Scripture would be fulfilled, Jesus said, “I am thirsty.” A jar of wine vinegar was there, so they soaked a sponge in it, put the sponge on a stalk of the hyssop plant, and lifted it to Jesus’ lips. When he had received the drink, Jesus said, “It is finished.” With that, he bowed his head and gave up his spirit.

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11. Jesus is nailed to the cross

Day 5: John 19:31-37

Now it was the day of Preparation, and the next day was to be a special Sabbath. Because the Jewish leaders did not want the bodies left on the crosses during the Sabbath, they asked Pilate to have the legs broken and the bodies taken down. The soldiers therefore came and broke the legs of the first man who had been crucified with Jesus, and then those of the other. But when they came to Jesus and found that he was already dead, they did not break his legs. Instead, one of the soldiers pierced Jesus' side with a spear, bringing a sudden flow of blood and water. The man who saw it has given testimony, and his testimony is true. He knows that he tells the truth, and he testifies so that you also may believe. These things happened so that the scripture would be fulfilled: "Not one of his bones will be broken," and, as another scripture says, "They will look on the one they have pierced."

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Day 6: John 19:38-42

Later, Joseph of Arimathea asked Pilate for the body of Jesus. Now Joseph was a disciple of Jesus, but secretly because he feared the Jewish leaders. With Pilate's permission, he came and took the body away. He was accompanied by Nicodemus, the man who earlier had visited Jesus at night. Nicodemus brought a mixture of myrrh and aloes, about seventy-five pounds. Taking Jesus' body, the two of them wrapped it, with the spices, in strips of linen. This was in accordance with Jewish burial customs. At the place where Jesus was crucified, there was a garden, and in the garden a new tomb, in which no one had ever been laid. Because it was the Jewish day of Preparation and since the tomb was nearby, they laid Jesus there.

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13. The body of Jesus is held by his mother

Day 7: John 20:1-2

Early on the first day of the week, while it was still dark, Mary Magdalene went to the tomb and saw that the stone had been removed from the entrance. So she came running to Simon Peter and the other disciple, the one Jesus loved, and said, “They have taken the Lord out of the tomb, and we don’t know where they have put him!”

- Read this passage from John 20.
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14. Jesus is laid in the tomb

Over the week you might like to listen to this reflective music based on the Holy Week Journey.

- Day 1: Before the throne of God above
- Day 2: The Scourging of Jesus
- Day 3: The Crucifixion of Jesus
- Day 4: Veni Sancte Spiritus
- Day 5: Hallelujah
- Day 6: Three nails, three words, three days
- Day 7: Jesus in the garden after the resurrection



Zineo-Divina : Stations of the Resurrection

- The **Stations of the Resurrection** have become a growing part of church tradition as we ponder the narratives of the resurrection stories in scripture.
- **Zines** are mini magazines that can be made from a rectangular sheet of paper.
- You might like to make your own Zine based on the Stations of the Resurrection.
 - A guide to how to make a Zine can be found [here](#).
- Along with the different resurrection narratives, you might like to find a number of other resurrection images to add to your Zine. One example can be seen on this slide.



The Emmaus Door, Janet Brookes-Gerloff, 1992

I am the resurrection and the life

How can you be the final resurrection?
That resurrection hasn't happened yet.
Our broken world is still bent on destruction,
No sun can rise before that sun has set.
Our faith looks back to father Abraham
And toward to the one who is to come
How can you speak as though he knew your name?
How can you say: **before he was I am?**

**Begin in me and I will read your riddle
And teach you truths my Spirit will defend
I am the End who meets you in the middle,
The new Beginning hidden in the End.
I am the victory, the end of strife
I am the resurrection and the life.**

Malcolm Guite - used with the poet's permission

Click on the title of this sonnet to listen to the author read these words.



Textile art by Jane Allan. Used with permission.

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This prayer station and other resources can be found at [The Prayer Room](#)

