

Journey with Jesus

Praying through the Gospel of Mark

Station 8- I have come to call sinners...



Psalms 51

Have mercy on me, O God,
according to your unfailing love;
according to your great compassion
blot out my transgressions.

Wash away all my iniquity
and cleanse me from my sin.

As you pray with these words you might like to
listen to Tenebrae singing Allegri's Miserere [here](#).



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- Find a place to sit quietly
- You may like to spend some time just listening to the sounds around you.
- Focus on these sounds, one by one
- Now focus on the sound within you, your breathing, your heart beat, your thoughts
- Let yourself come to a place of rest
- Be aware of God's loving eyes watching over you
- As we Journey with Jesus ask God for the grace to see him more clearly



Photograph taken by Adele Barker and used with permission.

Read this passage from Mark chapter 2. What words or phrases strike you?

When the teachers of the law who were Pharisees saw him eating with the sinners and tax collectors, they asked his disciples: “Why does he eat with tax collectors and sinners?”

On hearing this, Jesus said to them, “It is not the healthy who need a doctor, but the sick. I have not come to call the righteous, but sinners.”



Read these words from Mark chapter 2 again slowly.
Stay with one of the words or phrases that catches you and hold it in the stillness before God.

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Sin's Defeat by Kate Austin

What thoughts, feelings and images have emerged in this time of prayer?

How has the Spirit been at work in your heart as you have prayed?

How is Jesus wanting to be at work in your life?

How is he inviting you be open to his transforming Spirit?

You might like to listen to this piece of music by Margaret Rizza, Let your beauty shine in me Lord.



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Creative prayer

- The Jesus Prayer is a prayer that has been used for many years in the Orthodox Church. It is now more widely used in slightly different forms
 - Lord Jesus Christ, Son of the Living God, have mercy on me
 - Lord Jesus Christ, Son of God, have mercy on me a sinner
- The prayer is repeated slowly as a way of stilling the body, mind and spirit to help us enter more deeply into the presence of God.
- Some people find using a prayer rope or prayer chain helpful in maintaining focus on God
 - Instructions to make a prayer rope can be found [here](#)
 - A prayer chain can be made by threading 40 beads and a cross onto some thread or elastic.
- You pray the Jesus prayer slowly and repetitively - one bead or one knot at a time



Journey with Jesus

A series of prayer stations
based on the gospel of Mark.



Thanks to Adrian Chatfield for the photograph of The Way of Life taken at Ely Cathedral.