



RULE of LIFE

*Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.
The second is this: 'Love your neighbour as yourself. There is no commandment greater than these. Mark 12:30-31 NIV*

1. What might my life look like if I truly loved myself for the sake of loving God?

2. Heart: What habits of the heart would help me on this journey?

3. Mind: What habits of the mind would help me on this journey?

4. Soul : What habits of the soul would help me on this journey?

"The soul is that aspect of your whole being that correlates, integrates, and enlivens everything going on in the various dimensions of the self" Dallas Willard Renovation of the Heart 2002

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5. Strength: What habits of the body would help me on this journey?

6. Neighbour: What habits in my relationships would help me on this journey?

7. Invitation and response: what is God's invitation to me and how do I respond?

