

Naomí

R E A D

- You might like to read the book of Ruth or listen to it [here](#).
- The name Naomi means pleasantness
 - Naomi was the wife of Elimelech and the mother of Mahon and Chilion
 - Naomi and her family lived in Bethlehem, with means house of bread
 - They moved to Moab when famine prevailed in Bethlehem
 - In Moab Naomi gained two daughters in law, but her husband and sons died
 - Naomi returned to Bethlehem with Ruth
 - Naomi wanted to change her name to Mara, because she felt the Almighty had made her life bitter.
 - Naomi guided Ruth, who married Boaz, her kinsman redeemer, and had a son
 - ‘Then Naomi took the child in her arms and cared for him. The women living there said, “Naomi has a son!” And they named him Obed. He was the father of Jesse, the father of David.



Ruth and Naomi by Hilary Sylvester (Fair Use)
<https://baruchdesigns.artspan.com/large-multi-view/single/3112605-8-/all/ruth-naomi.html>

- You might like to read a passage in the book that you are drawn to about Naomi. As you do this, pause at a word or phrase that strikes you.
- Meditate over this word or phrase with God until you come to a point of stillness.
- What do you sense God's invitation to you might be and how do you want to respond?
- You might like to close your time of prayer by praying the Lord's Prayer.



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RESPOND

- At some point this week you might like to pray practically with what you have read about Naomi.
- You could do this through collage, poetry, bible art journalling, or another creative approach.
- You might like to pray with this story as you knead and bake some bread.
- You might like to pray for those you know whose children or partners have died.



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NAOMI

Tears.

So many of them.

Tears of sorrow becoming

Tears of bitterness.

for husband

for sons

for

me

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