

Footsteps in Prayer

A journey through the Bible

Revelation Part 1



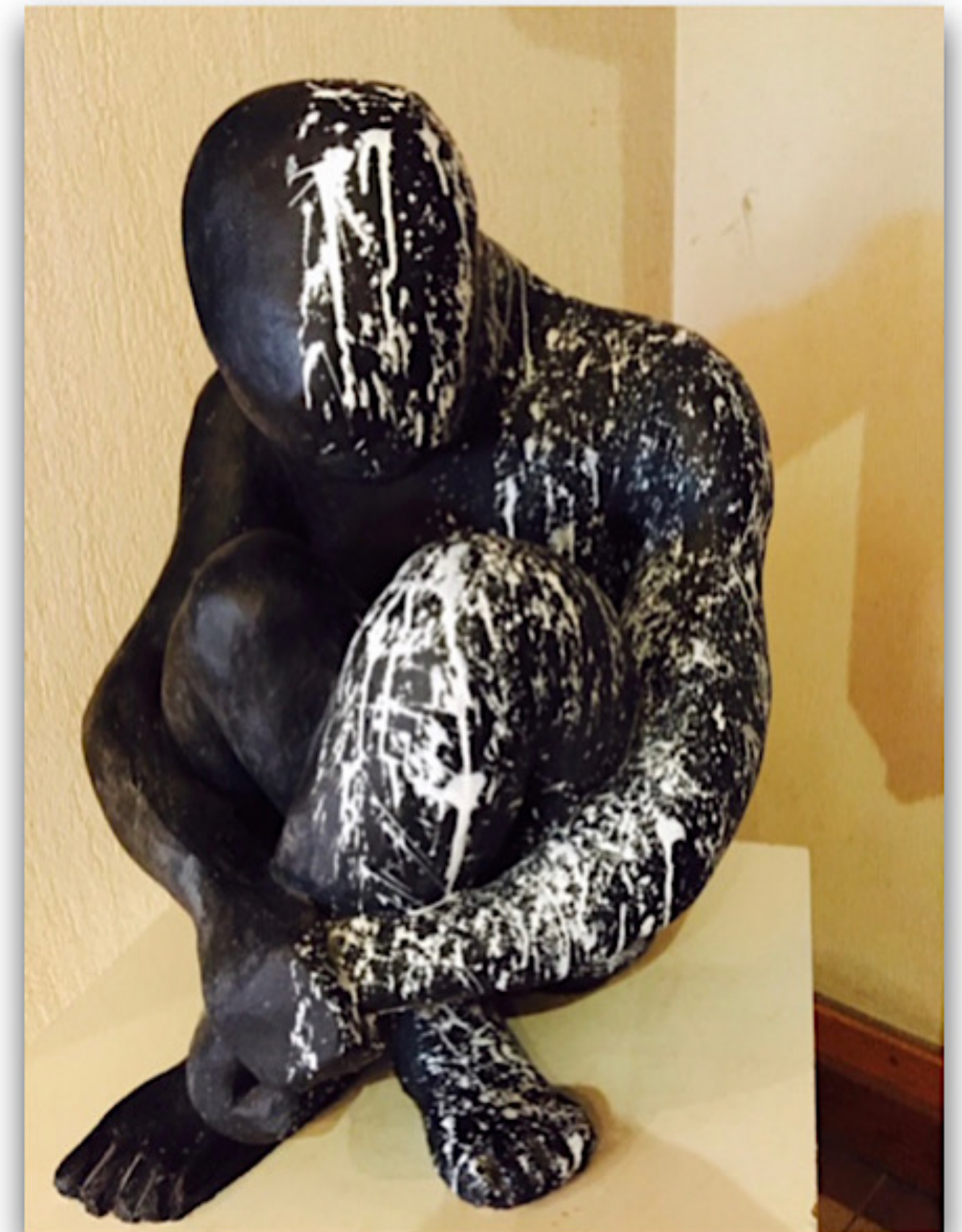
- Find a place to sit quietly.
- Be aware of God's loving eyes watching over you.
- Sit in a relaxed position and come to a place of stillness.
- We read these words in Revelation: Whoever has ears, let them hear what the Spirit says to the churches.
- Look back over your life - where have you heard the voice of the Holy Spirit? Give thanks.
- You might like to ask God for the grace of ears tuned to hear the voice of the Holy Spirit and a heart tuned to praise.
- You might like to listen to Revelation Song sung by Kari Jobe or to Koine sing What Wondrous Love is This and Sanctus.
- You might like to listen Hildegard Von Bingen's Heavenly Revelations.



THE THRONE ROOM by Jacqui Parkinson, Threads Through Revelation

•✿ You might like to listen to:

- ✿ Day 1: Allegrì's miserere then click here.
- ✿ Day 2: Heart of Worship sung by Matt Redman then click here.
- ✿ Day 3: Lord I need you sung by Lauren Daigle then click here.
- ✿ Day 4: At your feet we fall then click here.
- ✿ Day 5: O church arise sung by Kristyn Getty then click here.
- ✿ Day 6: O Clavis David then click here.
- ✿ Day 7: Here I stand at the door and knock then click here.



Day 1: Revelation 2

To the angel of the church in Ephesus write:

These are the words of him who holds the seven stars in his right hand and walks among the seven golden lampstands. I know your deeds, your hard work and your perseverance. I know that you cannot tolerate wicked people, that you have tested those who claim to be apostles but are not, and have found them false. You have persevered and have endured hardships for my name, and have not grown weary. Yet I hold this against you: You have forsaken the love you had at first. Consider how far you have fallen! Repent and do the things you did at first. If you do not repent, I will come to you and remove your lampstand from its place. But you have this in your favour: You hate the practices of the Nicolaitans, which I also hate. Whoever has ears, let them hear what the Spirit says to the churches. To the one who is victorious, I will give the right to eat from the tree of life, which is in the paradise of God.

- ✧ Read this passage from Revelation 2.
 - ✧ What words or phrases strike you?
- ✧ Read these words again slowly.
 - ✧ Stay with one of the words or phrases that catches you and hold it in the stillness before God.
- ✧ What thoughts, feelings and images have emerged in this time of prayer?
- ✧ How has the Spirit been at work in your heart as you have prayed?
- ✧ You might like to note these down in your journal.
- ✧ When you have finished click [here](#) to continue.



Day 2: Revelation 2

To the angel of the church in Smyrna write:

These are the words of him who is the First and the Last, who died and came to life again. I know your afflictions and your poverty—yet you are rich! I know about the slander of those who say they are Jews and are not, but are a synagogue of Satan. Do not be afraid of what you are about to suffer. I tell you, the devil will put some of you in prison to test you, and you will suffer persecution for ten days. Be faithful, even to the point of death, and I will give you life as your victor's crown. Whoever has ears, let them hear what the Spirit says to the churches. The one who is victorious will not be hurt at all by the second death.

- ✧ Read this passage from Revelation 2.
 - ✧ What words or phrases strike you?
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Day 3: Revelation 2

To the angel of the church in Pergamum write:

These are the words of him who has the sharp, double-edged sword. I know where you live—where Satan has his throne. Yet you remain true to my name. You did not renounce your faith in me, not even in the days of Antipas, my faithful witness, who was put to death in your city—where Satan lives. Nevertheless, I have a few things against you: There are some among you who hold to the teaching of Balaam, who taught Balak to entice the Israelites to sin so that they ate food sacrificed to idols and committed sexual immorality. Likewise, you also have those who hold to the teaching of the Nicolaitans. Repent therefore! Otherwise, I will soon come to you and will fight against them with the sword of my mouth. Whoever has ears, let them hear what the Spirit says to the churches. To the one who is victorious, I will give some of the hidden manna. I will also give that person a white stone with a new name written on it, known only to the one who receives it.

- Read these words from Revelation 2.
 - What words or phrases strike you?
- Read these words again slowly.
 - Stay with one of the words or phrases that catches you and hold it in the stillness before God.
- What thoughts, feelings and images have emerged in this time of prayer?
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Day 4: Revelation 2

To the angel of the church in Thyatira write:

These are the words of the Son of God, whose eyes are like blazing fire and whose feet are like burnished bronze. I know your deeds, your love and faith, your service and perseverance, and that you are now doing more than you did at first. Nevertheless, I have this against you: You tolerate that woman Jezebel, who calls herself a prophet. By her teaching she misleads my servants into sexual immorality and the eating of food sacrificed to idols. I have given her time to repent of her immorality, but she is unwilling. So I will cast her on a bed of suffering, and I will make those who commit adultery with her suffer intensely, unless they repent of her ways. I will strike her children dead. Then all the churches will know that I am he who searches hearts and minds, and I will repay each of you according to your deeds. Now I say to the rest of you in Thyatira, to you who do not hold to her teaching and have not learned Satan's so-called deep secrets, 'I will not impose any other burden on you, except to hold on to what you have until I come.' To the one who is victorious and does my will to the end, I will give authority over the nations—that one 'will rule them with an iron scepter and will dash them to pieces like pottery'—just as I have received authority from my Father. I will also give that one the morning star. Whoever has ears, let them hear what the Spirit says to the churches.

- Read these words from Revelation 2.
 - What words or phrases strike you?
- Read these words again slowly.
 - Stay with one of the words or phrases that catches you and hold it in the stillness before God.
- What thoughts, feelings and images have emerged?
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FIRST & FINAL (detail) by Jacqui Parkinson, Threads Through Revelation

Day 5: Revelation 3

To the angel of the church in Sardis write:

These are the words of him who holds the seven spirits of God and the seven stars. I know your deeds; you have a reputation of being alive, but you are dead. Wake up! Strengthen what remains and is about to die, for I have found your deeds unfinished in the sight of my God. Remember, therefore, what you have received and heard; hold it fast, and repent. But if you do not wake up, I will come like a thief, and you will not know at what time I will come to you. Yet you have a few people in Sardis who have not soiled their clothes. They will walk with me, dressed in white, for they are worthy. The one who is victorious will, like them, be dressed in white. I will never blot out the name of that person from the book of life, but will acknowledge that name before my Father and his angels. Whoever has ears, let them hear what the Spirit says to the churches.

- ✧ Read these words from Revelation 3.
 - ✧ What words or phrases strike you?
- ✧ Read these words again slowly.
 - ✧ Stay with one of the words or phrases that catches you and hold it in the stillness before God.
- ✧ What thoughts, feelings and images have emerged?
- ✧ How has the Spirit been at work as you have prayed?
- ✧ You might like to note these down in your journal.
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Day 6: Revelation 3

To the angel of the church in Philadelphia write:

These are the words of him who is holy and true, who holds the key of David. What he opens no one can shut, and what he shuts no one can open. I know your deeds. See, I have placed before you an open door that no one can shut. I know that you have little strength, yet you have kept my word and have not denied my name. I will make those who are of the synagogue of Satan, who claim to be Jews though they are not, but are liars—I will make them come and fall down at your feet and acknowledge that I have loved you. Since you have kept my command to endure patiently, I will also keep you from the hour of trial that is going to come on the whole world to test the inhabitants of the earth. I am coming soon. Hold on to what you have, so that no one will take your crown. The one who is victorious I will make a pillar in the temple of my God. Never again will they leave it. I will write on them the name of my God and the name of the city of my God, the new Jerusalem, which is coming down out of heaven from my God; and I will also write on them my new name. Whoever has ears, let them hear what the Spirit says to the churches.

- ✧ Read these words from Revelation 3.
 - ✧ What words or phrases strike you?
- ✧ Read these words again slowly.
 - ✧ Stay with one of the words or phrases that catches you and hold it in the stillness before God.
- ✧ What thoughts, feelings and images have emerged?
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FIRST & FINAL (detail) by Jacqui Parkinson, Threads Through Revelation

Day 7: Revelation 3

To the angel of the church in Laodicea write:

These are the words of the Amen, the faithful and true witness, the ruler of God's creation. I know your deeds, that you are neither cold nor hot. I wish you were either one or the other! So, because you are lukewarm—neither hot nor cold—I am about to spit you out of my mouth. You say, 'I am rich; I have acquired wealth and do not need a thing.' But you do not realise that you are wretched, pitiful, poor, blind and naked. I counsel you to buy from me gold refined in the fire, so you can become rich; and white clothes to wear, so you can cover your shameful nakedness; and salve to put on your eyes, so you can see. Those whom I love I rebuke and discipline. So be earnest and repent. Here I am! I stand at the door and knock. If anyone hears my voice and opens the door, I will come in and eat with that person, and they with me. To the one who is victorious, I will give the right to sit with me on my throne, just as I was victorious and sat down with my Father on his throne. Whoever has ears, let them hear what the Spirit says to the churches.

- ✧ Read these words from Revelation 3.
 - ✧ What words or phrases strike you?
- ✧ Read these words again slowly.
 - ✧ Stay with one of the words or phrases that catches you and hold it in the stillness before God.
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• You might like to listen to this music sung by the Elora Singers :

• Day 1: Revelation - Prologue: This Prophecy

• Day 2: Revelation No. 1: Coming with the clouds

• Day 3: Revelation No. 2: From the throne

• Day 4: Revelation No. 3: Worthy is the Lamb

• Day 5: Revelation No. 4: A Great and wondrous sign

• Day 6: Revelation No. 5: Fallen is Babylon the great

• Day 7: Revelation No. 6 : Hallelujah

• You might also like to listen to Revelation No. 7 A new heaven



THE THRONE ROOM by Jacqui Parkinson, Threads Through Revelation

Psalms 111

Praise the Lord.

I will extol the Lord with all my heart

in the council of the upright and in the assembly.

Great are the works of the Lord;

they are pondered by all who delight in them.

Glorious and majestic are his deeds,

and his righteousness endures forever.

He has caused his wonders to be remembered;

the Lord is gracious and compassionate.

He provides food for those who fear him;

he remembers his covenant forever.

He has shown his people the power of his works,

giving them the lands of other nations.

The works of his hands are faithful and just;

all his precepts are trustworthy.

They are established for ever and ever,

enacted in faithfulness and uprightness.

He provided redemption for his people;

he ordained his covenant forever—

holy and awesome is his name.

The fear of the Lord is the beginning of wisdom;

all who follow his precepts have good understanding.

To him belongs eternal praise.



ARMAGEDDON (detail) by Jacqui Parkinson, Threads Through Revelation

A sung version of the Psalm can be found [here](#)

Proverbs 28:14

The crucible for silver and the furnace for gold, but people are tested by their praise.



Creative prayer

- What do you have to praise God for?
- Many of the psalms are songs of praise
- Take a moment to reflect on the times where you praise and worship God
- What do you notice:
 - In your heart
 - In your soul
 - In your mind
 - In your body
 - In relation to others
 - In relation to God
- Maybe take some time on your own and listen to one of the versions of Psalm 111
 - Psalm 111 sung by Jason Silver
 - Psalm 111 sung by Esther Mui
 - Psalm 111 sung by the choir of Westminster Abbey
 - Psalm 111 sung by Miqidem
- You might like to use your body more freely in prayer moving as the Spirit leads
 - You might like to dance
- How does praising God more freely in your body make you draw closer to God?



Pied Beauty

Glory be to God for dappled things –

For skies of couple-colour as a brindled cow;

For rose-moles all in stipple upon trout that swim;

Fresh-firecoal chestnut-falls; finches' wings;

Landscape plotted and pieced – fold, fallow, and plough;

And áll trádes, their gear and tackle and trim.

All things counter, original, spare, strange;

Whatever is fickle, freckled (who knows how?)

With swift, slow; sweet, sour; adazzle, dim;

He fathers-forth whose beauty is past change:

Praise him.

By Gerard Manley Hopkins



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A journey through the Bible

A graphic introduction to Revelation Ch 1-11 can be found [here](#)

The textile art in the prayer station has all been done by Jacqui Parkinson and is used with her permission.

Her work, Revelation Threads, can be found here: <http://www.revelation-threads.co.uk>.

Her textile website can be found here: <http://www.jacqui-textile.com/index.html>

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This prayer station and other resources can be found at [The Prayer Room](#)

