

## THE LAST SUPPER MARK 14:12-26



On the night he was betrayed he came to table with his friends to celebrate the freedom of your people. This is his story. This is our song.

Love bade me welcome

LOVE bade me welcome; yet my soul drew back,  
Guilty of dust and sin.

But quick-eyed Love, observing me grow slack  
From my first entrance in,

Drew nearer to me, sweetly questioning  
If I lack'd anything.

'A guest,' I answer'd, 'worthy to be here:'  
Love said, 'You shall be he.'

'I, the unkind, ungrateful? Ah, my dear,  
I cannot look on Thee.'

Love took my hand and smiling did reply,  
'Who made the eyes but I?'

'Truth, Lord; but I have marr'd them: let my shame  
Go where it doth deserve.'

'And know you not,' says Love, 'Who bore the blame?'  
'My dear, then I will serve.'

'You must sit down,' says Love, 'and taste my meat.'  
So I did sit and eat.

George Herbert



The reflection below seeks to draw believers into deeper communion with God and with others, using scripture, meditative and contemplative prayer, and action.

*Zephaniah 3:17*

*The Lord your God is with you, the Mighty Warrior who saves. He will take great delight in you; in his love he will no longer rebuke you, but will rejoice over you with singing.*

*Luke 22:19-20*

*And he took bread, gave thanks and broke it, and gave it to them, saying, "This is my body given for you; do this in remembrance of me." In the same way, after the supper he took the cup, saying, "This cup is the new covenant in my blood, which is poured out for you."*

*1 Corinthians 3:23-26*

*For I received from the Lord what I also delivered to you, that the Lord Jesus on the night when he was betrayed took bread, and when he had given thanks, he broke it, and said, "This is my body, which is for you. Do this in remembrance of me." In the same way also he took the cup, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me." For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.*

*John 6:35*

*Then Jesus declared, "I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty."*

*Hebrews 10:22*

*Let us draw near to God with a sincere heart and with the full assurance that faith brings, having our hearts sprinkled to cleanse us from a guilty conscience and having our bodies washed with pure water.*

Find a quiet space in your home.

- Give thanks to God for his presence with you.
- Be aware of God's loving eyes watching over you.
- Take some time to look back over the previous week.
- Where have you been close to God?
- Where have you wandered away?
- Say sorry for those times you have wandered away.
- Receive God's forgiveness.

Take time to read the four passages of scripture above.

- Which one resonates with you most?
- Read that passage again slowly.
- What words or phrases strike you?
- Read the passage once more.
- Stay with one of the words or phrases and hold it in the stillness before God.
- In that stillness become aware of your part in the wider body of Christ.

Take your mind to the narrative of the last supper in Mark 14 where Jesus shares the Passover meal with his disciples.

- What do you notice?
- What do you see; hear; smell; taste; touch?
- What does Jesus say to you?
- How do you respond?
- Give thanks to God.

