

Journey with Jesus

Praying through the Gospel of Mark

Station 46 - surely this man was the Son of God



- Find a place to sit quietly and close your eyes.
- Be aware of God's loving eyes watching over you.
- Take a deep breath in and breathe out slowly. As you breathe out pray the words from Nehemiah 8:10. *The joy of the Lord is my strength.*
- Repeat this three times.
- You might like to remember the words of Galatians 5:22 *But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control.*
- As you do this you might like to ask for the grace of a deepening joy in you as you notice the presence of God in and through all things.
- You might like to listen to Kathryn Scott sing When I Survey the Wondrous Cross.



You are light by Kate Austin used with permission

Make a curtain of blue, purple and scarlet yarn and finely twisted linen, with cherubim woven into it by a skilled worker. Hang it with gold hooks on four posts of acacia wood overlaid with gold and standing on four silver bases. Hang the curtain from the clasps and place the ark of the covenant law behind the curtain. The curtain will separate the Holy Place from the Most Holy Place.

Exodus 22: 31-33



Read this passage from Mark chapter 15. What words or phrases strike you?

With a loud cry, Jesus breathed his last.

The curtain of the temple was torn in two from top to bottom. And when the centurion, who stood there in front of Jesus, saw how he died, he said, “Surely this man was the Son of God!”

Some women were watching from a distance. Among them were Mary Magdalene, Mary the mother of James the younger and of Joseph, and Salome. In Galilee these women had followed him and cared for his needs. Many other women who had come up with him to Jerusalem were also there.

THE HOLY BIBLE, NEW INTERNATIONAL VERSION®, NIV® Copyright © 1973, 1978, 1984, 2011 by Biblica, Inc.® Used by permission. All rights reserved worldwide.



Deliverance from Law by Kate Austin used with permission

Read these words from Mark chapter 15 again slowly.
Stay with one of the words or phrases that catches you and hold it in the stillness before God.

With a loud cry, Jesus breathed his last.

The curtain of the temple was torn in two from top to bottom. And when the centurion, who stood there in front of Jesus, saw how he died, he said, "Surely this man was the Son of God!"

Some women were watching from a distance. Among them were Mary Magdalene, Mary the mother of James the younger and of Joseph, and Salome. In Galilee these women had followed him and cared for his needs. Many other women who had come up with him to Jerusalem were also there.



Now close your eyes and imagine yourself watching from the distance.
You might like to imagine yourself as one of the women, or the centurion, or another bystander.

Slowly let the scene unfold.

What do you notice?

What do you see?

What do you hear?

What can you taste?

What can you smell?

How do you respond to the words of the centurion?

What do you want to say to God?

Let those words become your prayer.



Therefore, brothers and sisters, since we have confidence to enter the Most Holy Place by the blood of Jesus, by a new and living way **opened for us through the curtain**, that is, his body, and since we have a great priest over the house of God, let us draw near to God with a sincere heart and with the full assurance that faith brings, having our hearts sprinkled to cleanse us from a guilty conscience and having our bodies washed with pure water. Let us hold unswervingly to the hope we profess, for he who promised is faithful. And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching.

Hebrews 10 : 19-25



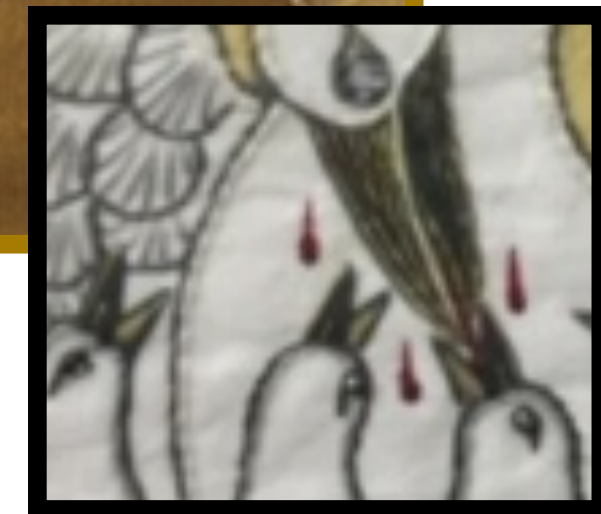
You are light by Kate Austin used with permission

What thoughts, feelings and images have emerged in this time of prayer?

How has the Spirit been at work in your heart as you have prayed?

You might like to note these down in your journal.

You might like to listen to Cornerstone sung by Tim Neufeld or to the Te Deum Chamber Choir sing Stainer's God so Loved the World.



Creative prayer

The Curtain

- The curtain in the temple was a piece of material 9cm thick. It tore from the top to the bottom.
- Find a piece of thick material.
- Read the passage from Exodus 22: 31-33.
- Tear the material in two. You may need to use some scissors to start this.
- As you tear it, feel the sensation of the tearing and hear its noise. Remember that Jesus tore the barrier between you and God and give thanks.
- Pray the passage adapted from Hebrews 10 to the right.



Journey with Jesus

A series of prayer stations based
on the gospel of Mark.



Thanks to Adrian Chatfield for the photograph of *The Way of Life* taken at Ely Cathedral
Thanks to Kate Austin for the images *Deliverance from Law* and *The Open Door*