

Journey with Jesus

Praying through the Gospel of Mark

Station 5 - Where he prayed



Blessed is the one
who does not walk in step with the wicked
or stand in the way that sinners take
or sit in the company of mockers,
but whose delight is in the law of the Lord,
and who meditates on his law day and night.
That person is like a tree planted by streams of water,
which yields its fruit in season
and whose leaf does not wither—
whatever they do prospers.

Psalms 1: 1-3



Cherry Blossom
Photograph taken by Julia Curtis and used with permission.

You might want to listen to the Sons of
Korah sing a version of Psalm 1 [here](#).



Cherry Blossom
Photograph taken by Julia Curtis and used with permission.

- Find a place to sit quietly
- You may like to look at this image
- Be aware of God's loving eyes watching over you
- As we Journey with Jesus ask God for the grace, rooted in the Song of Songs:
 - *Give me the desire to desire you*



Read this passage from Mark chapter 1. What words or phrases strike you?

Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed. Simon and his companions went to look for him, and when they found him, they exclaimed: “Everyone is looking for you!”



Read these words from Mark chapter 1 again slowly.
Stay with one of the words or phrases that catches you and hold it in the stillness before God

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What thoughts, feelings and images have emerged in this time of prayer?

How has the Spirit been at work in your heart as you have prayed?

In what way might God be calling you into solitude with Him?

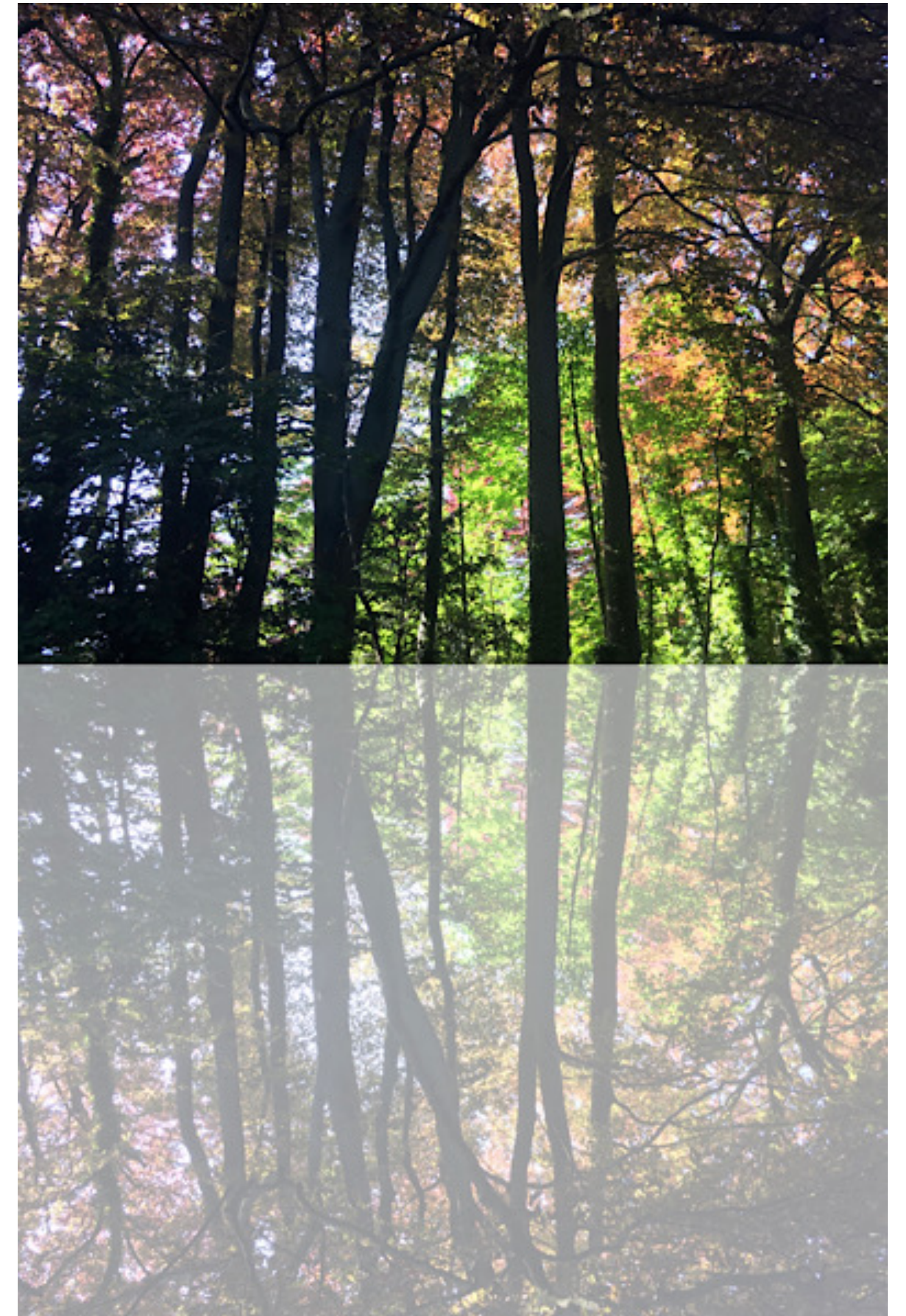


Creative prayer

- You might like to draw yourself as the tree in Psalm 1.
 - Where are your roots?
 - How do they intertwine?
 - Remember the roots of a redwood tree can extend over 100 metres and intertwine with the root systems of other trees.
- How are you like a tree planted by streams of water, yielding fruit in season?
- You might like to listen to this piece of music by Einaudi, Seven Days Walking // Day 5



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Journey with Jesus

A series of prayer stations
based on the gospel of Mark.



Thanks to Adrian Chatfield for the photograph of The Way of Life taken at Ely Cathedral.