

Journey with Jesus

Praying through the Gospel of John

Week 6

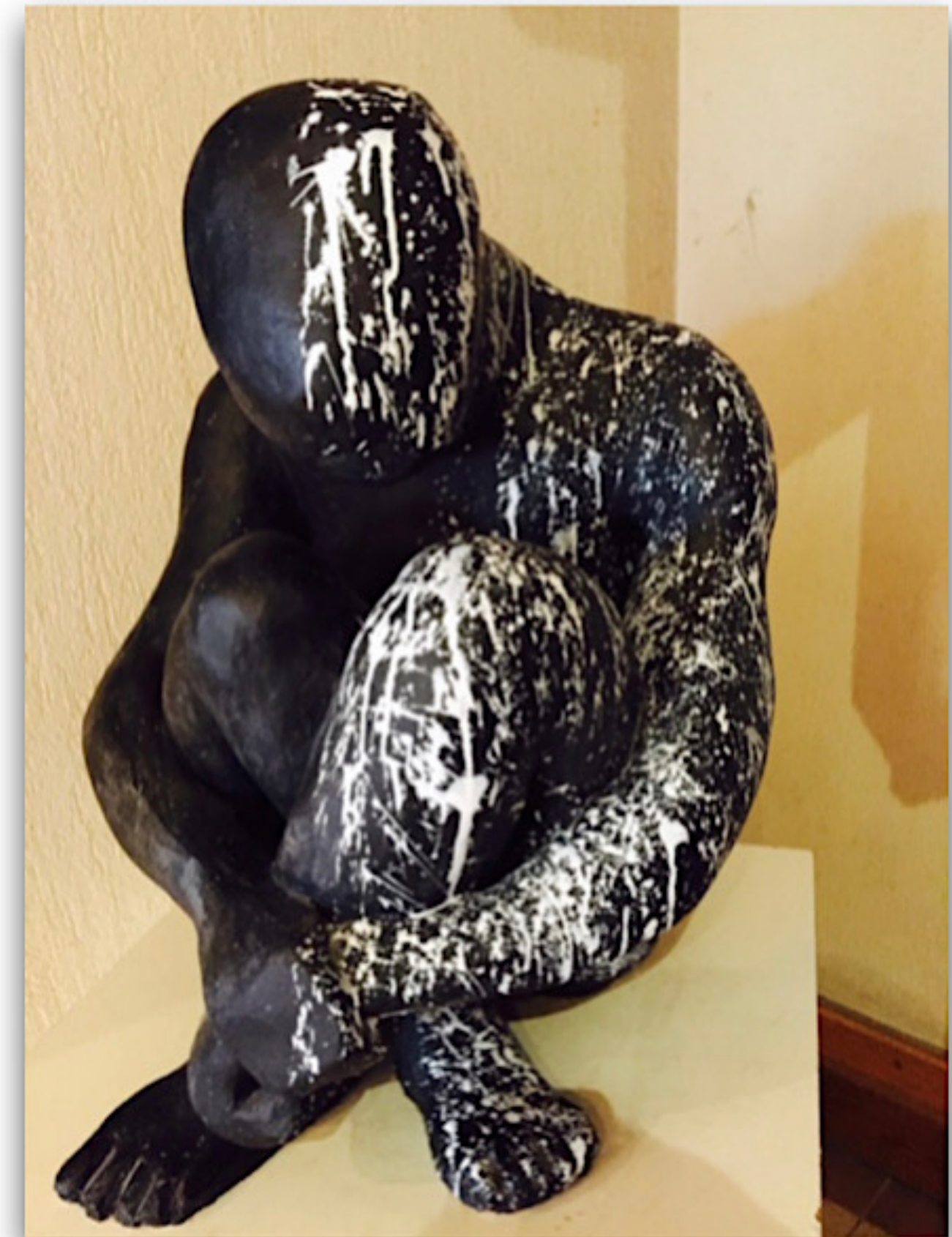


- Find a place to sit quietly.
- Sit in a relaxed position.
- Close your eyes.
- Breathe normally and become aware of God your provider.
- Take some time to look back over the last week and notice where you have seen God's provision in big and small things. You might like to talk with God about this and give thanks.
- Take some time to look back over the last week and notice where you have been used by God to provide for others. Listen to what God might want to say to you about this.
- You might like to listen to Sharene Ricketts sing Alpha and Omega.
- You might like to listen to Corinne May sing Five loaves and two fishes.
- You might like to listen to Chris Tomlinson sing I lift up my hands.



➤ You might like to listen to:

- Day 1: Jesus you are by Sharene Ricketts then click [here](#).
- Day 2: The prayer chant Come be with me then click [here](#).
- Day 3: This I believe sung by Hillsong then click [here](#).
- Day 4: The Lord's Prayer sung by Kenya Chaffer then click [here](#).
- Day 5: Urban Rescue sing Provider then click [here](#).
- Day 6: The prayer chant Keep watch with me then click [here](#).
- Day 7: Oceans sung by Renee Dominique then click [here](#).



Day 1: John 5:31-34

“If I testify about myself, my testimony is not true. There is another who testifies in my favour, and I know that his testimony about me is true. You have sent to John and he has testified to the truth. Not that I accept human testimony; but I mention it that you may be saved. John was a lamp that burned and gave light, and you chose for a time to enjoy his light.”

- Read this passage from John 5.
 - What words or phrases strike you?
- Read these words again slowly.
 - Stay with one of the words or phrases that catches you and hold it in the stillness before God.
- What thoughts, feelings and images have emerged in this time of prayer?
- How has the Spirit been at work in your heart as you have prayed?
- You might like to note these down in your journal.
- When you have finished click [here](#) to continue.



Day 2: John 5:36-40

“I have testimony weightier than that of John. For the works that the Father has given me to finish—the very works that I am doing—testify that the Father has sent me. And the Father who sent me has himself testified concerning me. You have never heard his voice nor seen his form, nor does his word dwell in you, for you do not believe the one he sent. You study the Scriptures diligently because you think that in them you have eternal life. These are the very Scriptures that testify about me, yet you refuse to come to me to have life.”

- Read this passage from John 5.
 - What words or phrases strike you?
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 - Stay with one of the words or phrases that catches you and hold it in the stillness before God.
- What thoughts, feelings and images have emerged in this time of prayer?
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Day 3: John 5:41-47

“I do not accept glory from human beings, but I know you. I know that you do not have the love of God in your hearts. I have come in my Father’s name, and you do not accept me; but if someone else comes in his own name, you will accept him. How can you believe since you accept glory from one another but do not seek the glory that comes from the only God? But do not think I will accuse you before the Father. Your accuser is Moses, on whom your hopes are set. If you believed Moses, you would believe me, for he wrote about me. But since you do not believe what he wrote, how are you going to believe what I say?”

- Read this passage from John 5.
 - What words or phrases strike you?
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Day 4: John 6:1-6

Some time after this, Jesus crossed to the far shore of the Sea of Galilee (that is, the Sea of Tiberias), and a great crowd of people followed him because they saw the signs he had performed by healing the sick. Then Jesus went up on a mountainside and sat down with his disciples. The Jewish Passover Festival was near. When Jesus looked up and saw a great crowd coming toward him, he said to Philip, "Where shall we buy bread for these people to eat?" He asked this only to test him, for he already had in mind what he was going to do.

- Read this passage from John 6.
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Day 5: John 6:8-11

Philip answered him, “It would take more than half a year’s wages^a to buy enough bread for each one to have a bite!” Another of his disciples, Andrew, Simon Peter’s brother, spoke up, “Here is a boy with five small barley loaves and two small fish, but how far will they go among so many?” Jesus said, “Have the people sit down.” There was plenty of grass in that place, and they sat down (about five thousand men were there). Jesus then took the loaves, gave thanks, and distributed to those who were seated as much as they wanted. He did the same with the fish.

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Day 6: John 6:12-15

When they had all had enough to eat, he said to his disciples, “Gather the pieces that are left over. Let nothing be wasted.” So they gathered them and filled twelve baskets with the pieces of the five barley loaves left over by those who had eaten. After the people saw the sign Jesus performed, they began to say, “Surely this is the Prophet who is to come into the world.” Jesus, knowing that they intended to come and make him king by force, withdrew again to a mountain by himself.

- Read this passage from John 6.
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Day 7: John 6:16-20

When evening came, his disciples went down to the lake, where they got into a boat and set off across the lake for Capernaum. By now it was dark, and Jesus had not yet joined them. A strong wind was blowing and the waters grew rough. When they had rowed about three or four miles, they saw Jesus approaching the boat, walking on the water; and they were frightened. But he said to them, "It is I; don't be afraid." Then they were willing to take him into the boat, and immediately the boat reached the shore where they were heading.

- Read this passage from John 6.
 - What words or phrases strike you?
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➤ You might like to listen to this music sung by Voice Trek

➤ Day 1: Ubi Caritas

➤ Day 2: For the beauty of the earth

➤ Day 3: The Lord's Prayer

➤ Day 4: The Lord Bless You and Keep You

➤ Day 5: Sanctus

➤ Day 6: Cavatina

➤ Day 7: Gymnopedie



Loving God,

Help us to see clearly in this time of fast-paced change,
To see our inter-dependence on one another,
To see one another’s courage, resilience and creativity,
To see one another’s sorrows, fragility and humanity.
Remind us that these reflect your image.

Help us to respond to suffering and poverty as they unfold,
To discern how to grieve, to comfort and to connect,
To discern in what ways to give, encourage or serve,
To discern where our task is to tell our story, to influence or to give
others space to play their parts.
Remind us that this reflects your wisdom.

Help us to acknowledge the injustices made manifest by this crisis,
To meet them with a thirst for justice,
To meet them with an awareness of grace,
To meet them with a commitment to change.
Remind us that this reflects your heart.

Help us to see the hope dawning even in the darkness,
To nurture empathy,
To reject greed,
To embrace compassion.
Remind us that this reflects your love.

Amen.

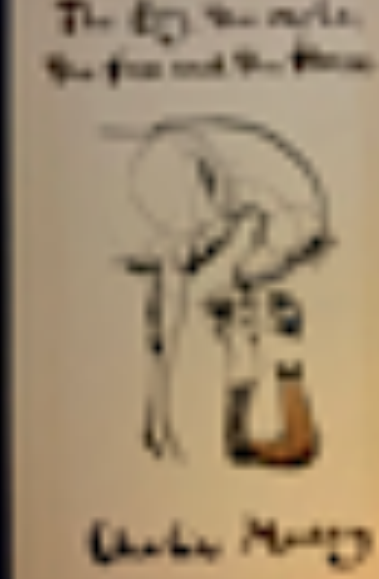
Scripture references: Genesis 1:27; Isaiah 53:4; Isaiah 58:6; Romans 12:15; 1 Peter 5:10; John 1:5.

A PRAYER IN RESPONSE
TO CORONAVIRUS

Creative prayer

- You might like to pray the prayer to the left provided online by The Trussel Trust.
- You might like to look at their online prayer guide that can be found [here](#).
- You might also like to pray through the narrative of the feeding of the 5,000 once more.
 - As you finish this time of prayer you might like to consider what God has given you to contribute at this complex time?
 - If you are unsure you might like to ask Jesus and listen for his response.
 - You might like to note these down in your journal.





"Do you have any other advice?"
asked the boy



"Don't measure how valuable you
are by the way you are treated."
said the horse

"Always remember you matter,
you're important and you are loved,
and you bring to this world



things no one else can."



God has created me to do Him some definite service. He has committed some work to me which He has not committed to another. I have my mission. I may never know it in this life, but I shall be told it in the next. I am a link in a chain, a bond of connection between persons. He has not created me for naught. I shall do good; I shall do His work. I shall be an angel of peace, a preacher of truth in my own place, while not intending it if I do but keep His commandments.

Therefore, I will trust Him, whatever I am, I can never be thrown away. If I am in sickness, my sickness may serve Him, in perplexity, my perplexity may serve Him. If I am in sorrow, my sorrow may serve Him. He does nothing in vain. He knows what He is about. He may take away my friends. He may throw me among strangers. He may make me feel desolate, make my spirits sink, hide my future from me.

Still, He knows what He is about.

John Henry Newman

I Am the Bread of Life.

Where to get bread? An ever-pressing question
That trembles on the lips of anxious mothers,
Bread for their families, bread for all these others;
A whole world on the margin of exhaustion.
And where that hunger has been satisfied
Where to get bread? The question still returns
In our abundance something starves and yearns
We crave fulfillment, crave and are denied.

And then comes One who speaks into our needs
Who opens out the secret hopes we cherish
Whose presence calls our hidden hearts to flourish
Whose words unfold in us like living seeds
Come to me, broken, hungry, incomplete,
I Am the Bread of Life, break Me and eat.

Malcolm Guite - used with the poet's permission

Click on the title of this sonnet to listen to the author read these words.



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This prayer station and other resources can be found at [The Prayer Room](#)

