

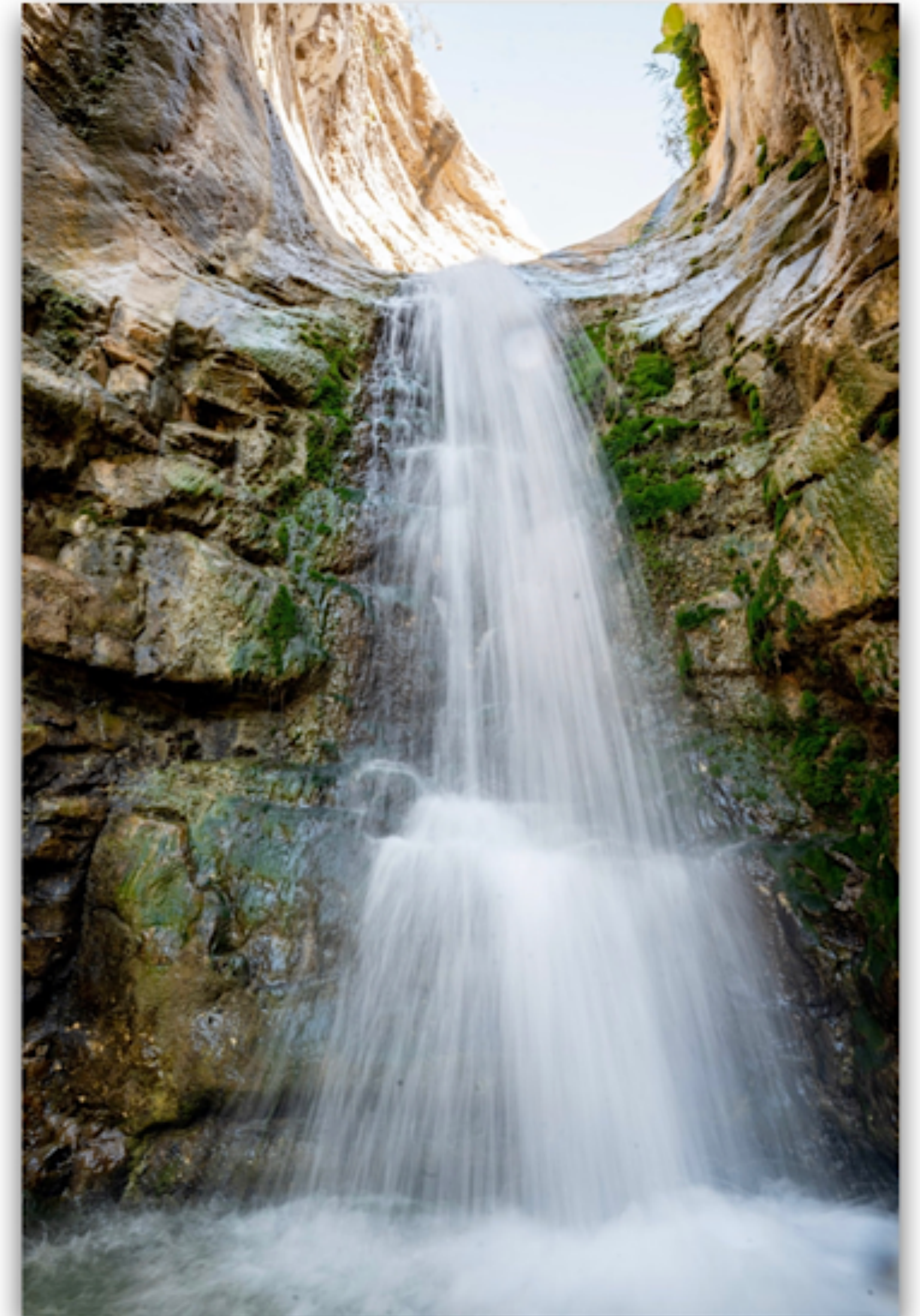
Journey with Jesus

Praying through the Gospel of John

Week 4



- Find a place to sit quietly.
- Sit in a relaxed position.
- Close your eyes.
- Breathe normally being aware that God holds you in every breath you take.
- Be aware of God's loving eyes watching over you.
- Take some time to consider the place of water in your life.
- You might like to ask God for a deeper experience of his cleansing and refreshing living water.
- You might like to listen to Shane and Shane sing Living Water.
- You might like to listen to Steffany Gretzinger sing As the deer.
- You might like to listen to Debussy's Reflections in the water.



➤ You might like to listen to:

- Day 1: Jesus you are by Newday then click [here](#).
- Day 2: Be thou my vision sung by Salt of the Sound then click [here](#).
- Day 3: Come and see sung by Graham Kendrick then click [here](#).
- Day 4: Psalms 126 sung by Bifrost Arts then click [here](#).
- Day 5: Kari Jobe sing Lover of my soul then click [here](#).
- Day 6: Rescuer sung by Rend Collective then click [here](#).
- Day 7: The Creed sung by Kyiv Chamber Orchestra then click [here](#).

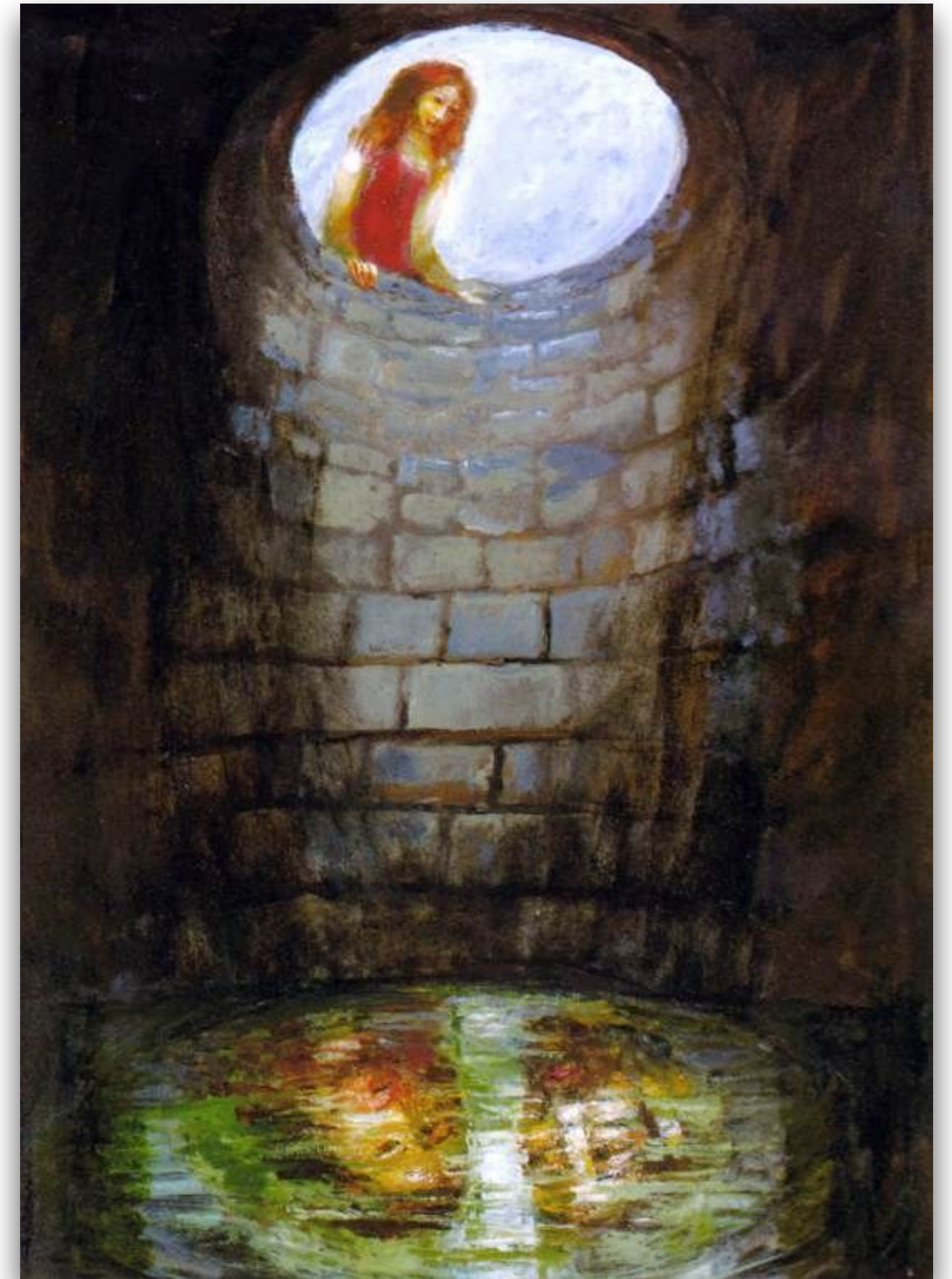


Day 1: John 4:16-20

He told her, “Go, call your husband and come back.”

“I have no husband,” she replied. Jesus said to her, “You are right when you say you have no husband. The fact is, you have had five husbands, and the man you now have is not your husband. What you have just said is quite true.” “Sir,” the woman said, “I can see that you are a prophet. Our ancestors worshiped on this mountain, but you Jews claim that the place where we must worship is in Jerusalem.”

- Read this passage from John 4.
 - What words or phrases strike you?
- Read these words again slowly.
 - Stay with one of the words or phrases that catches you and hold it in the stillness before God.
- What thoughts, feelings and images have emerged in this time of prayer?
- How has the Spirit been at work in your heart as you have prayed?
- You might like to note these down in your journal.
- When you have finished click [here](#) to continue.



Woman by the Well by Seiger Koder (Fair use)

Day 2: John 4:21-26

“Woman,” Jesus replied, “believe me, a time is coming when you will worship the Father neither on this mountain nor in Jerusalem. You Samaritans worship what you do not know; we worship what we do know, for salvation is from the Jews. Yet a time is coming and has now come when the true worshipers will worship the Father in the Spirit and in truth, for they are the kind of worshipers the Father seeks. God is spirit, and his worshipers must worship in the Spirit and in truth.” The woman said, “I know that Messiah” (called Christ) “is coming. When he comes, he will explain everything to us.” Then Jesus declared, “I, the one speaking to you—I am he.”

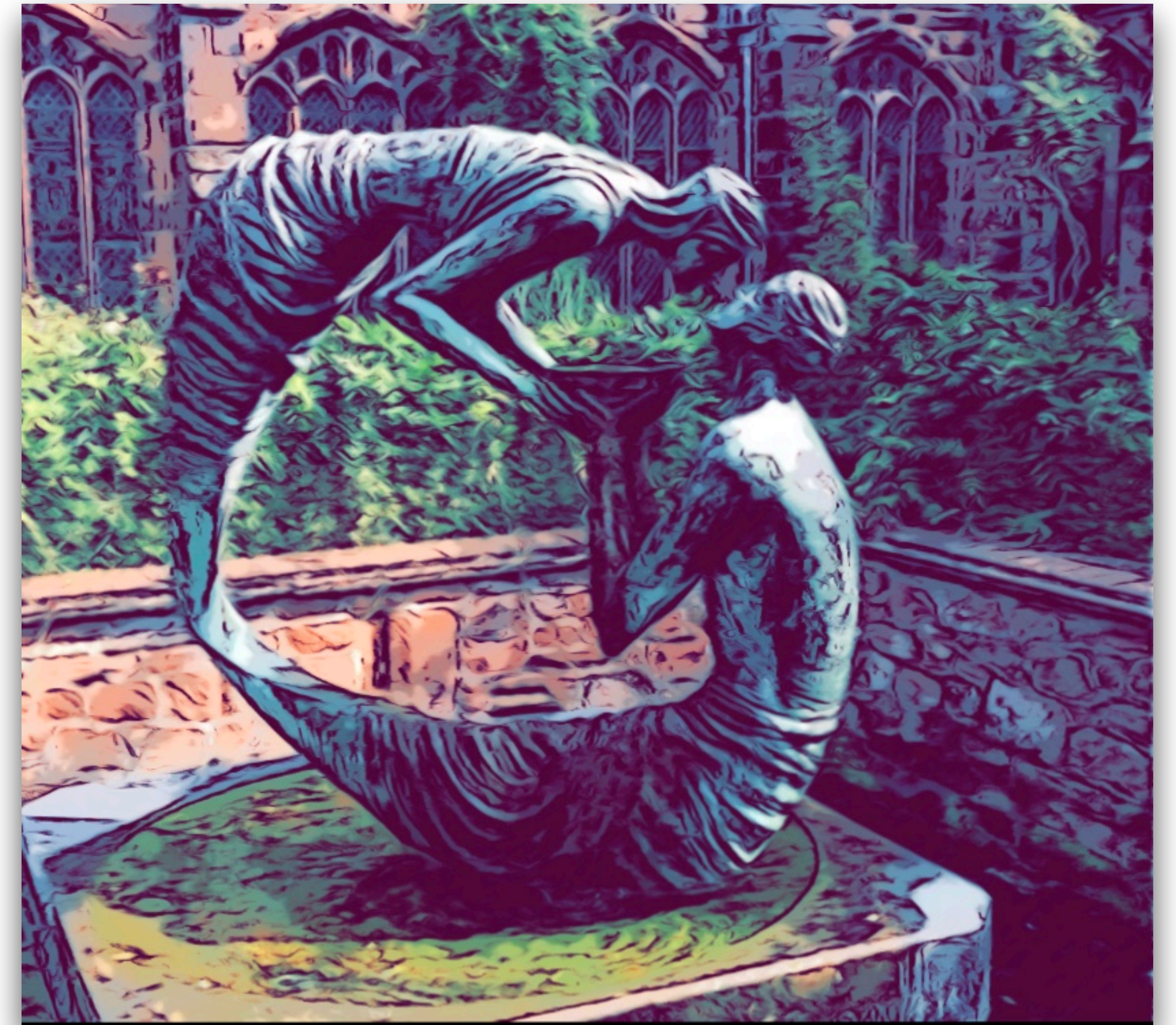
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Day 3: John 4:27-30

Just then his disciples returned and were surprised to find him talking with a woman. But no one asked, “What do you want?” or “Why are you talking with her?” Then, leaving her water jar, the woman went back to the town and said to the people, “Come, see a man who told me everything I ever did. Could this be the Messiah?” They came out of the town and made their way toward him.

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The Water of Life. Chester Cathedral. .

Day 4: John 4:31-38

Meanwhile his disciples urged him, “Rabbi, eat something.” But he said to them, “I have food to eat that you know nothing about.” Then his disciples said to each other, “Could someone have brought him food?” “My food,” said Jesus, “is to do the will of him who sent me and to finish his work. Don’t you have a saying, ‘It’s still four months until harvest’? I tell you, open your eyes and look at the fields! They are ripe for harvest. Even now the one who reaps draws a wage and harvests a crop for eternal life, so that the sower and the reaper may be glad together. Thus the saying ‘One sows and another reaps’ is true. I sent you to reap what you have not worked for. Others have done the hard work, and you have reaped the benefits of their labor.”

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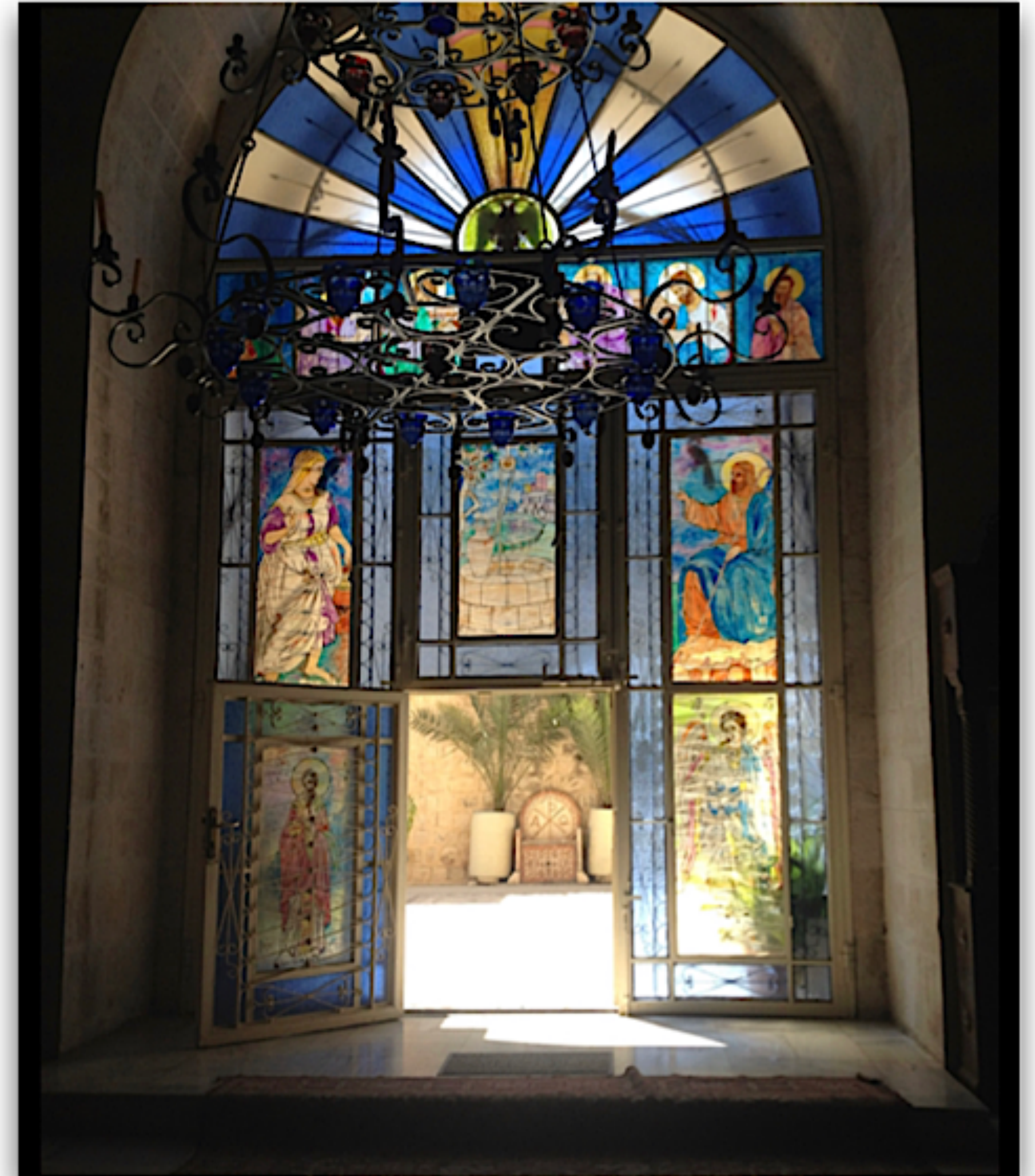


Jacob's Well 2013

Day 5: John 4:39-42

Many of the Samaritans from that town believed in him because of the woman's testimony, "He told me everything I ever did." So when the Samaritans came to him, they urged him to stay with them, and he stayed two days. And because of his words many more became believers. They said to the woman, "We no longer believe just because of what you said; now we have heard for ourselves, and we know that this man really is the Savior of the world."

- Read this passage from John 4.
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Day 6: John 4:43-48

After the two days he left for Galilee. (Now Jesus himself had pointed out that a prophet has no honour in his own country.) When he arrived in Galilee, the Galileans welcomed him. They had seen all that he had done in Jerusalem at the Passover Festival, for they also had been there. Once more he visited Cana in Galilee, where he had turned the water into wine. And there was a certain royal official whose son lay sick at Capernaum. When this man heard that Jesus had arrived in Galilee from Judea, he went to him and begged him to come and heal his son, who was close to death. “Unless you people see signs and wonders,” Jesus told him, “you will never believe.”



Capernaum 2019

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Day 7: John 4:49-54

The royal official said, “Sir, come down before my child dies.” “Go,” Jesus replied, “your son will live.” The man took Jesus at his word and departed. While he was still on the way, his servants met him with the news that his boy was living. When he inquired as to the time when his son got better, they said to him, “Yesterday, at one in the afternoon, the fever left him.” Then the father realised that this was the exact time at which Jesus had said to him, “Your son will live.” So he and his whole household believed. This was the second sign Jesus performed after coming from Judea to Galilee.

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➤ You might like to listen this music by the Poor Clares of Arundel

➤ Day 1: Veni Creator Spiritus

➤ Day 2: All who labour

➤ Day 3: Let the love that dwells in your heart

➤ Day 4: Light for the world

➤ Day 5: O Come, O Come Emmanuel

➤ Day 6: Earthly Kingdoms

➤ Day 7: Creator Alme Siderum



Creative prayer

‘One sows and another reaps’ is true. I sent you to reap what you have not worked for. Others have done the hard work, and you have reaped the benefits of their labour.

- You might like to take a walk to a local shop and buy a bunch of flowers
- As you walk back with the flowers consider the journey they have taken to reach you
 - How the bulb was purchased and planted
 - How the ground was watered and tended
 - How the flowers were cut and gathered
 - How the flowers were transported to your local shop
 - How you have been able to reap the fruit of other’s labours
- You might like to keep the flowers in a vase in your own home as a reminder of this time of prayer
- You might like to add one other stage to the journey and give the bunch of flowers to a friend or neighbour.



Plant by Gilly Franklin

I am the resurrection and the life

How can you be the final resurrection?
That resurrection hasn't happened yet.
Our broken world is still bent on destruction,
No sun can rise before that sun has set.
Our faith looks back to father Abraham
And toward to the one who is to come
How can you speak as though he knew your name?
How can you say: **before he was I am?**

**Begin in me and I will read your riddle
And teach you truths my Spirit will defend
I am the End who meets you in the middle,
The new Beginning hidden in the End.
I am the victory, the end of strife
I am the resurrection and the life.**

Malcolm Guite - used with the poet's permission

Click on the title of this sonnet to listen to the author read these words.



Textile art by Jane Allan. Used with permission.

Journey with Jesus

Praying through the Gospel of John

Week 4

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This prayer station and other resources can be found at [The Prayer Room](#)

