

Journey with Jesus

Praying through the Gospel of Mark

Station 23 - he saw everything clearly



O God, to know you is life eternal,
to serve you is perfect freedom. Grant that I may
know you more truly, more intimately, more
clearly, and serve you in freedom, with courage and
flame, in all my days, through Jesus Christ, my
Lord.

George Appleton

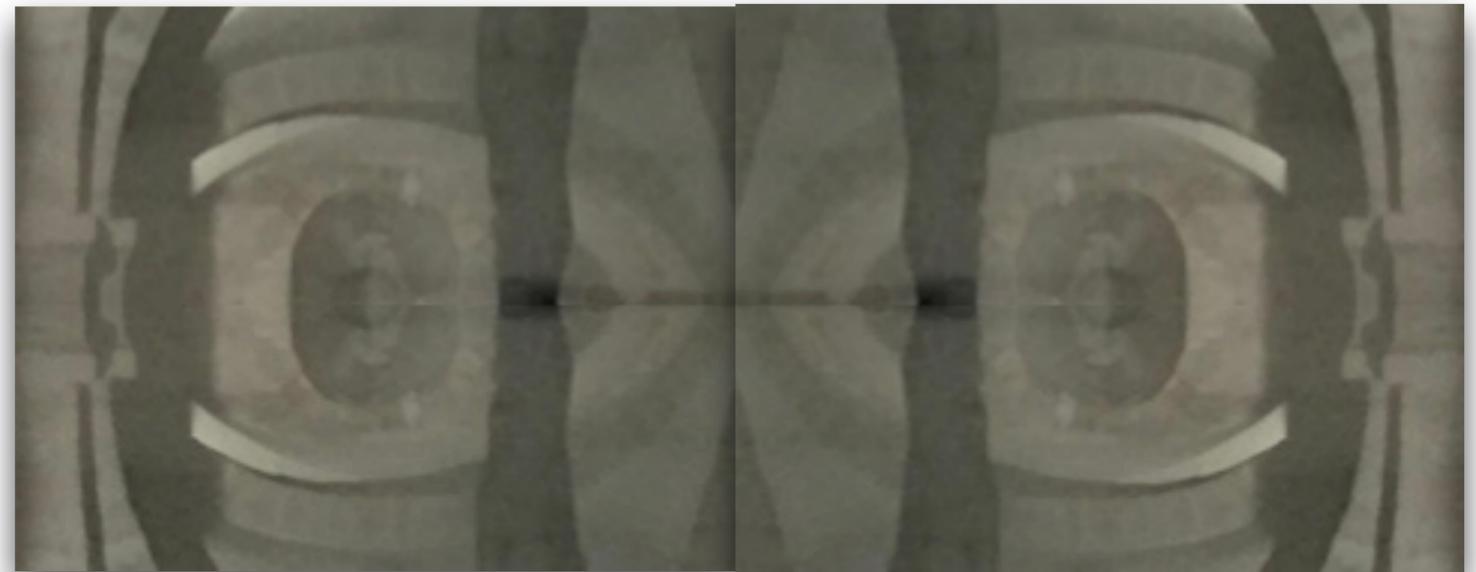


- Find a place to sit quietly.
- Sit in a relaxed position.
 - Become aware of your breathing
 - Notice its pattern
 - Is it deep or shallow
 - Is it fast or slow
 - Is it through your mouth or nose
 - Is it regular or irregular
 - Rest in the quietness that this awareness brings you.
- Be aware of God's loving eyes watching over you.
- As we Journey with Jesus ask God for the grace to see him more clearly.



Then shall the eyes of the blind be opened,
and the ears of the deaf unstopped;
then shall the lame man leap as a hart,
and the tongue of the dumb shall sing

You might like to listen to Shane and Shane
sing the hymn Holy Holy Holy.

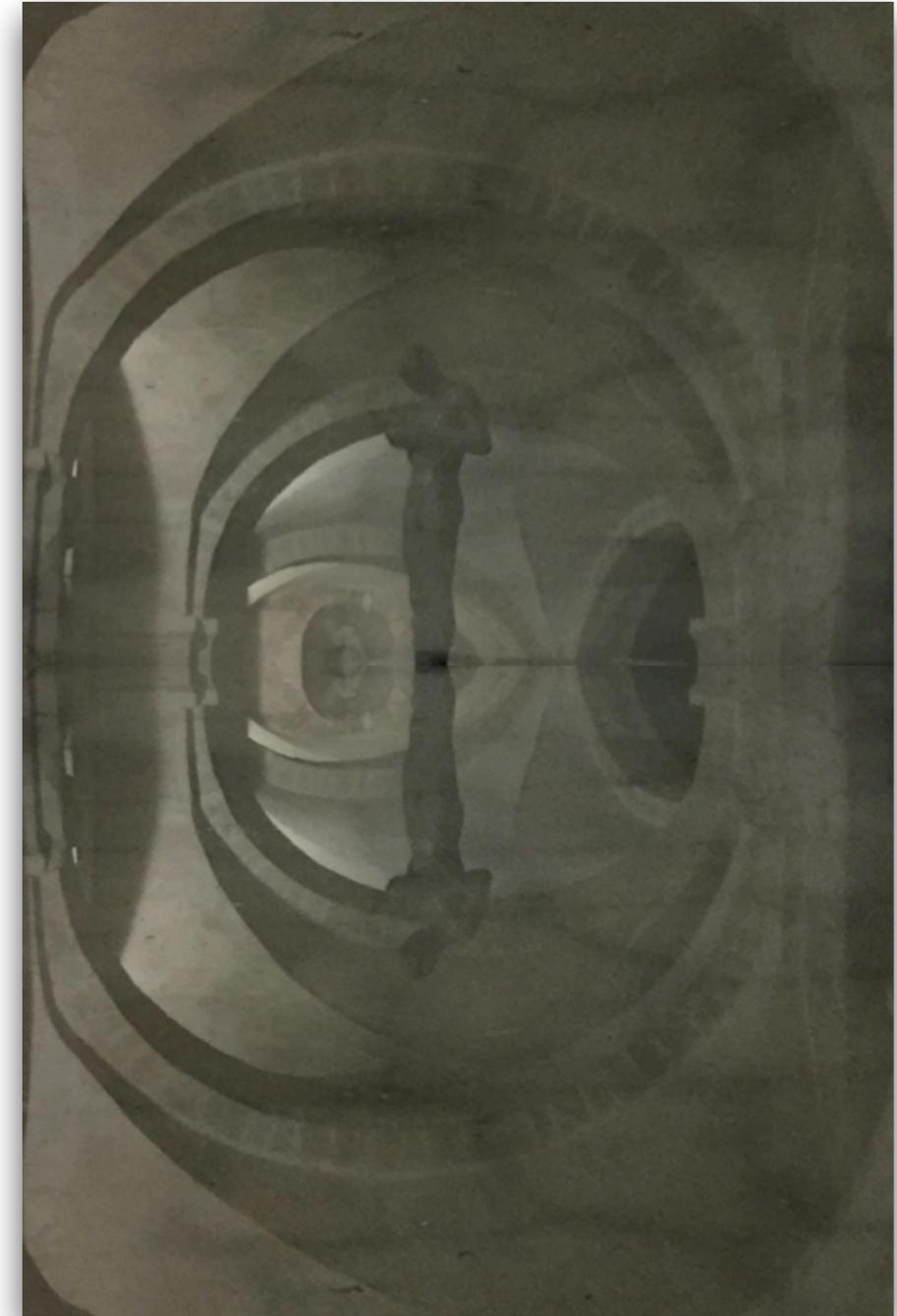


Read this passage from Mark chapter 8. What words or phrases strike you?

They came to Bethsaida, and some people brought a blind man and begged Jesus to touch him. He took the blind man by the hand and led him outside the village. When he had spit on the man's eyes and put his hands on him, Jesus asked, "Do you see anything?"

He looked up and said, "I see people; they look like trees walking around."

Once more Jesus put his hands on the man's eyes. Then his eyes were opened, his sight was restored, and he saw everything clearly.



Read these words from Mark chapter 8 again slowly.

Stay with one of the words or phrases that catches you and hold it in the stillness before God.

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You might like to imagine yourself in the story.

You might like to be one of the disciples, a bystander, or the blind man himself.

What do you notice about the environment?

What do you hear, see and feel?

Let the story unfold.

How do you respond to the words of Jesus asking: *do you see anything?*

How do you respond when Jesus lays his hands on once more?

What do you want to say to Jesus?

How does Jesus respond to you?



What thoughts, feelings and images have emerged in this time of prayer?

How has the Spirit been at work in your heart as you have prayed?

You might like to jot down what has emerged from your prayer time in a journal.

As you do, you might like to listen to Amy Grant sing [I Can Only Imagine](#)



Creative prayer

- How do you see God?
 - Sometimes we use words to describe God - God is love.
 - Sometimes words are not enough - God is indescribable.
- For the time of creative prayer today get out some old magazines and papers and maybe some old postcards and photos.
- As you begin, recall a moment when you felt particularly close to God - loved by him and trusting in him.
 - Return to that moment in your memory and breathe in your sense of being held by God.
- Now create a collage that represents your experience of God.



As you do, you might like to listen to Day 2 of Einaudi's seven days walking.

Journey with Jesus

A series of prayer stations based
on the gospel of Mark.



Thanks to Adrian Chatfield for the photograph of The Way of Life taken at Ely Cathedral